

# Trasplante de progenitores hematopoyéticos en SMD

Guillermo Sanz

Hospital Universitario y Politécnico La Fe, Valencia

37 Diada Internacional  
Societat Catalana d'Hematologia i Hemoteràpia  
7 junio 2013, Barcelona

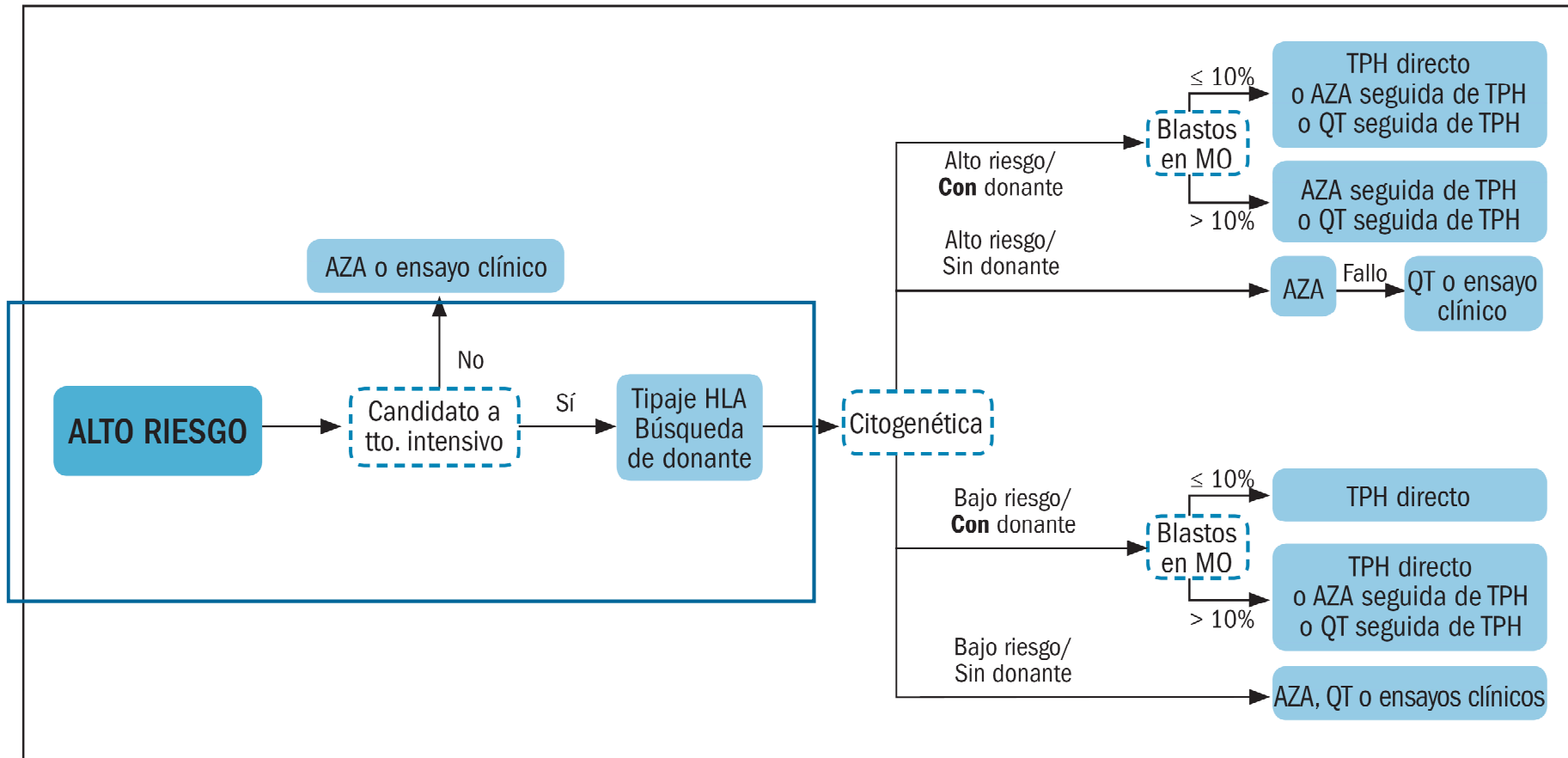
# Opciones terapéuticas: TPH alogénico

## Indicaciones

- El **TPH alogénico** es el **tratamiento de elección** para SMD alto riesgo candidatos al mismo.
- Todos los pacientes de alto riesgo deben ser evaluados para **definir si son candidatos** a un tratamiento intensivo incluyendo TPH alogénico.
  - **No existen criterios objetivos** de edad y comorbilidad para decidir elegibilidad.

# Recomendaciones del GESMD

## Algoritmo terapéutico SMD alto riesgo



# TPH alogénico en SMD

Resultados históricos en grandes series

Tipo TPH	RR	MRT	SLE
Hermano HLA-id	23%	37%	40%
DNE	14%	54%	29%

Sierra J et al. *Blood* 2002; 100: 1997-2004.

Castro-Malaspina H et al. *Blood* 2002; 99: 1943-51.

Published Ahead of Print on May 28, 2013 as 10.1200/JCO.2012.46.6193  
The latest version is at <http://jco.ascopubs.org/cgi/doi/10.1200/JCO.2012.46.6193>

JOURNAL OF CLINICAL ONCOLOGY

O R I G I N A L R E P O R T

## Significant Improvement in Survival After Allogeneic Hematopoietic Cell Transplantation During a Period of Significantly Increased Use, Older Recipient Age, and Use of Unrelated Donors

*Theresa Hahn, Philip L. McCarthy Jr, Anna Hassebroek, Christopher Bredeson, James L. Gajewski, Gregory A. Hale, Luis M. Isola, Hillard M. Lazarus, Stephanie J. Lee, Charles F. LeMaistre, Fausto Loberiza, Richard T. Maziarz, J. Douglas Rizzo, Steven Joffe, Susan Parsons, and Navneet S. Majhail*

Hahn T et al. *JCO* 2013 (in press)

## TPH alogénico en SMD

Mejoría resultados en años recientes

Hermano HLA-id	1994 – 95	2004 – 06	P
OS al día 100	71%	88%	< 0,001
OS al año	54%	64%	0,04

Resultados similares de AIR y MAC aunque no  
mejoría de AIR a lo largo del tiempo

## TPH alogénico en SMD

Mejoría resultados en años recientes

DNE HLA-id	1994 – 95	2004 – 06	P
OS al día 100	64%	78%	< 0,001
OS al año	41%	57%	0,01

Resultados similares de AIR y MAC

# TPH alogénico en SMD

## Temas a debate

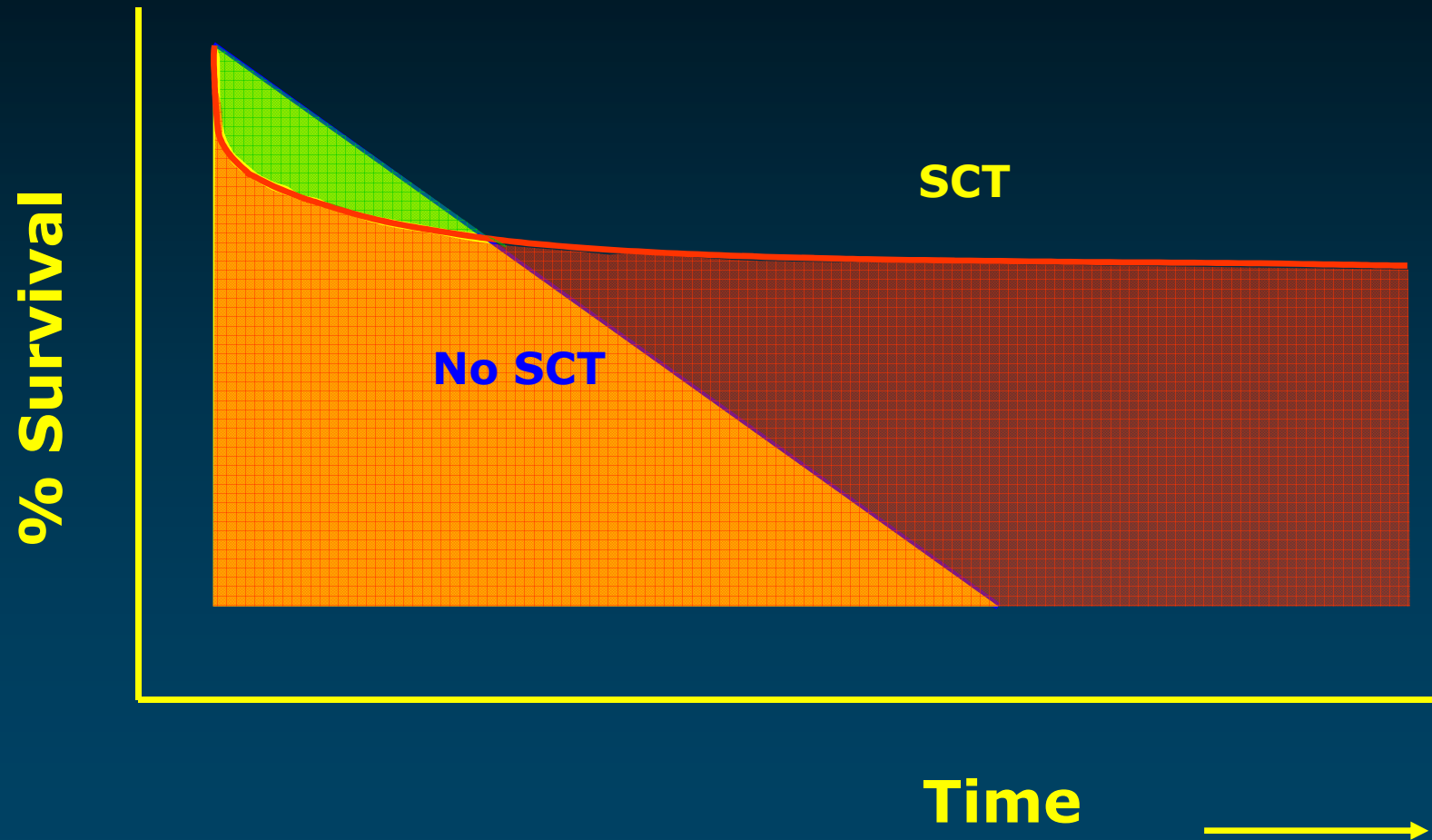
- Momento del trasplante
  - Al diagnóstico o a la progresión
- Fuente de células
  - Hermano HLA-idéntico ó DNE
  - MO, SP ó SCU
- Acondicionamiento
  - MAC o AIR
  - Drogas y esquema
- Tratamiento pre-trasplante
  - Necesidad y tipo



# Momento del trasplante

# TMO Alogénico Hermano HLA-idéntico

## ¿Cuándo trasplantar?



# TMO Alogénico Hermano HLA-idéntico

## ¿Cuándo trasplantar?

### Approximation of Life Expectancy (Years)

IPSS	Immediate Transplant	Transplant in 2 Years	Transplant at Progression
Low	6.51	6.86	7.21
Int-1	4.61	4.74	5.16
Int-2	4.93	3.21	2.84
High	3.20	2.75	2.75

# TPH alogénico en SMD

## Momento del TPH

- No consideración de
  - Edad
  - Influencia del tiempo al TPH en resultados
  - Otros factores pronósticos

# TPH alogénico en SMD

## Momento del TPH

- Preferible al diagnóstico en
  - IPSS intermedio-2 y alto riesgo
  - Jóvenes con IPSS intermedio-1

# Recomendaciones del GESMD

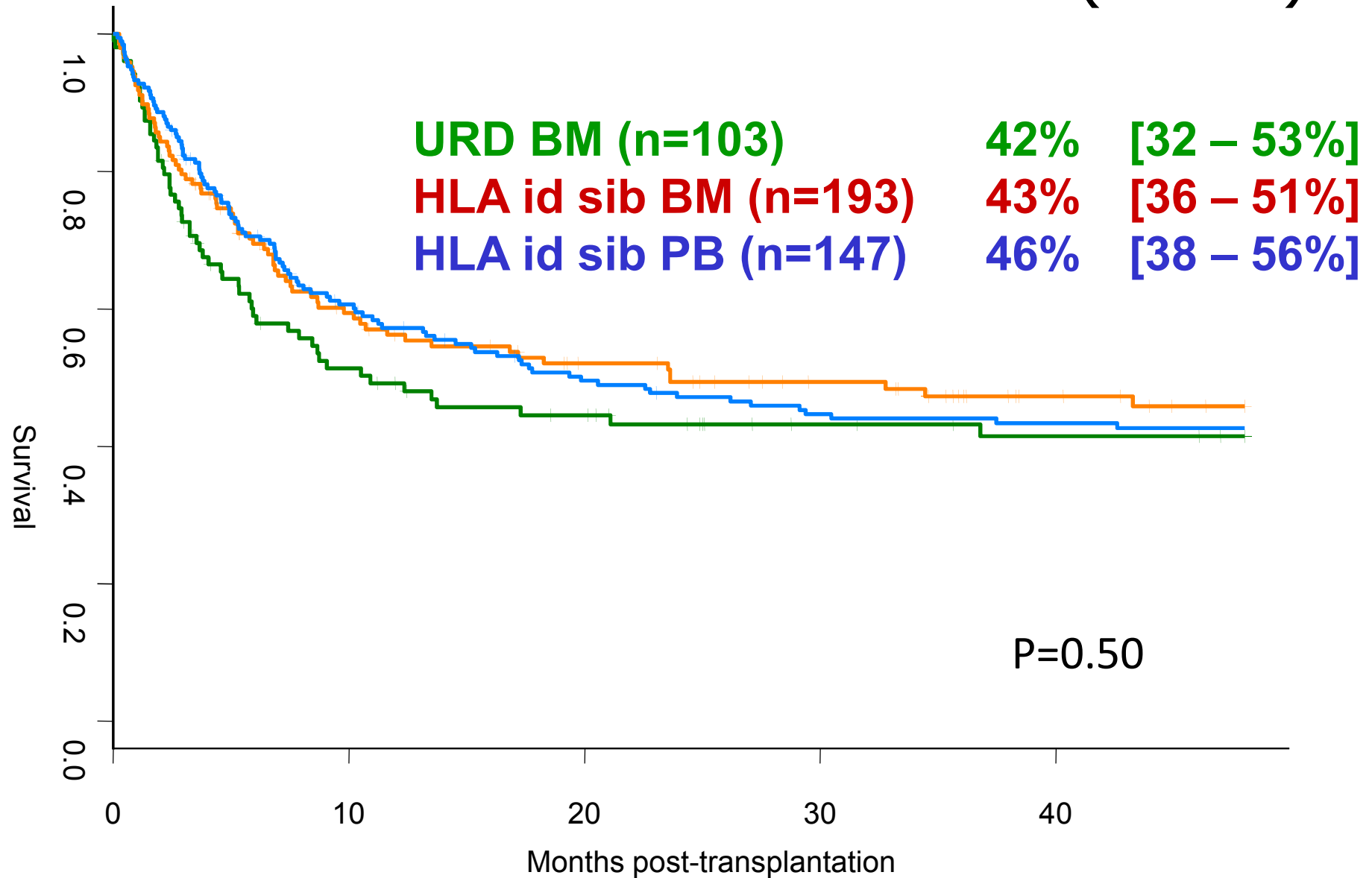
## Grupos de riesgo

- **Pacientes de alto riesgo**
  - IPSS de riesgo intermedio-2 y alto y/o WPSS y/o IPSS-R de riesgo alto y muy alto
  - **IPSS intermedio-1 y/o WPSS y/o IPSS-R de riesgo intermedio con 1 ó más de las siguientes características:**
    - **Anomalía citogenética de riesgo alto o muy alto del IPSS-R**
    - **Plaquetas  $< 30 \times 10^9/L$**
    - **PMN  $< 0,5 \times 10^9/L$**
    - **Mielofibrosis (grados 2-3 del consenso europeo)**

**Fuente de células**

# TPH alogénico en SMD

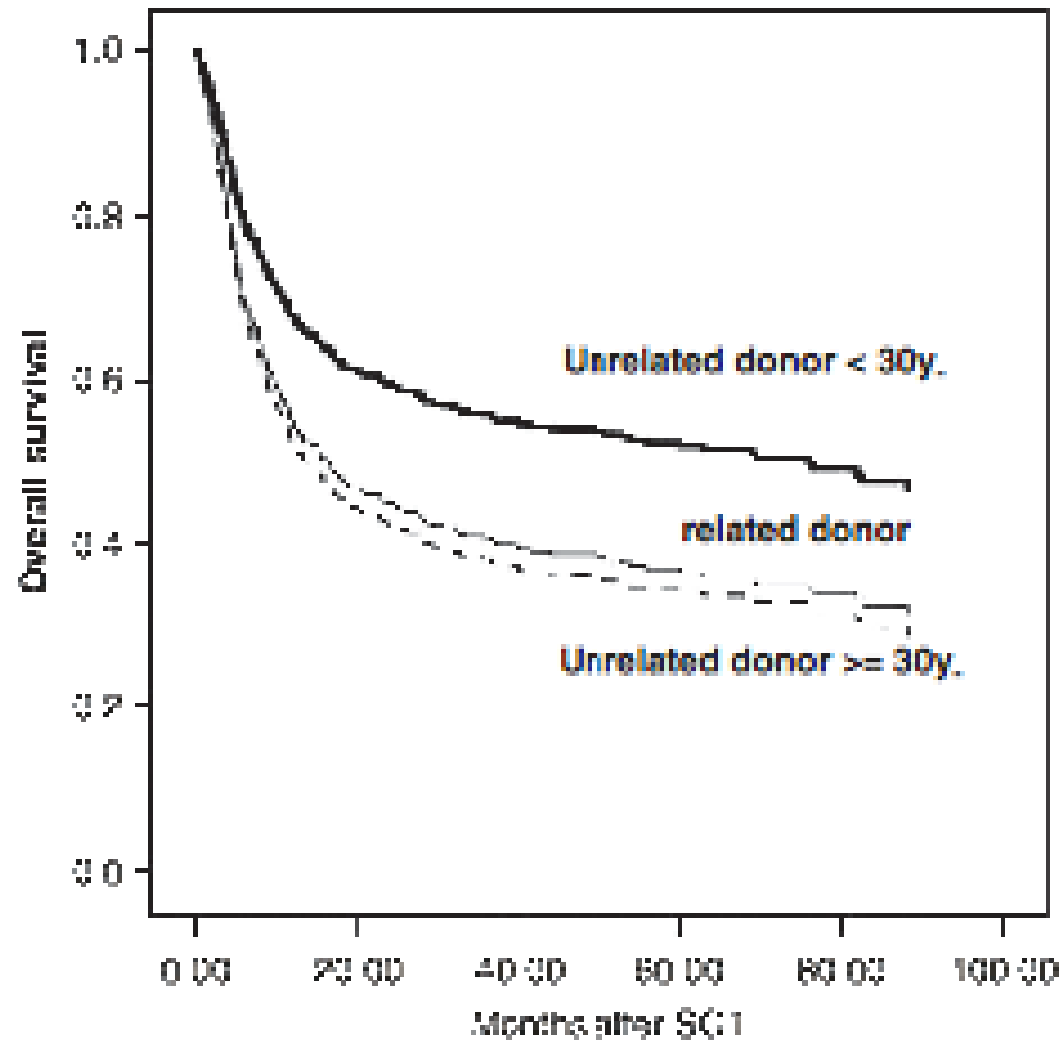
Resultados en series recientes (EBMT)





# TPH alogénico en SMD

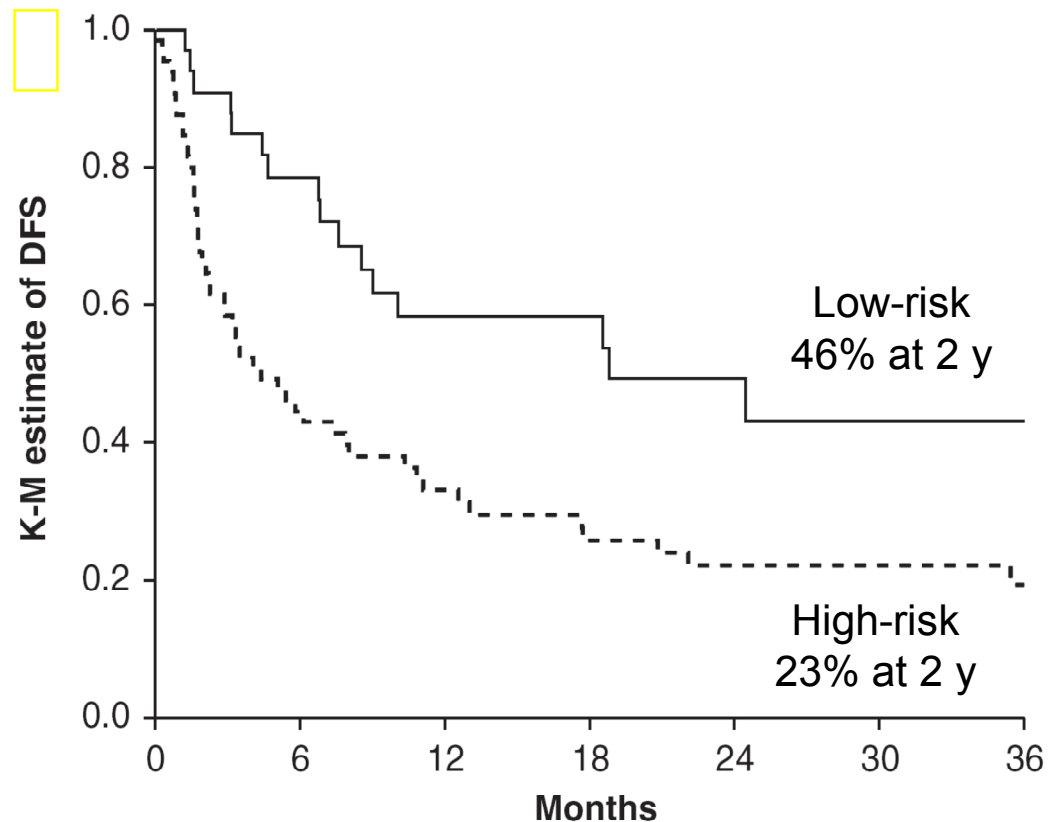
Hermano de edad avanzada o DNE joven



# UCB transplantation for MDS

## Eurocord/EBMT (N = 108)

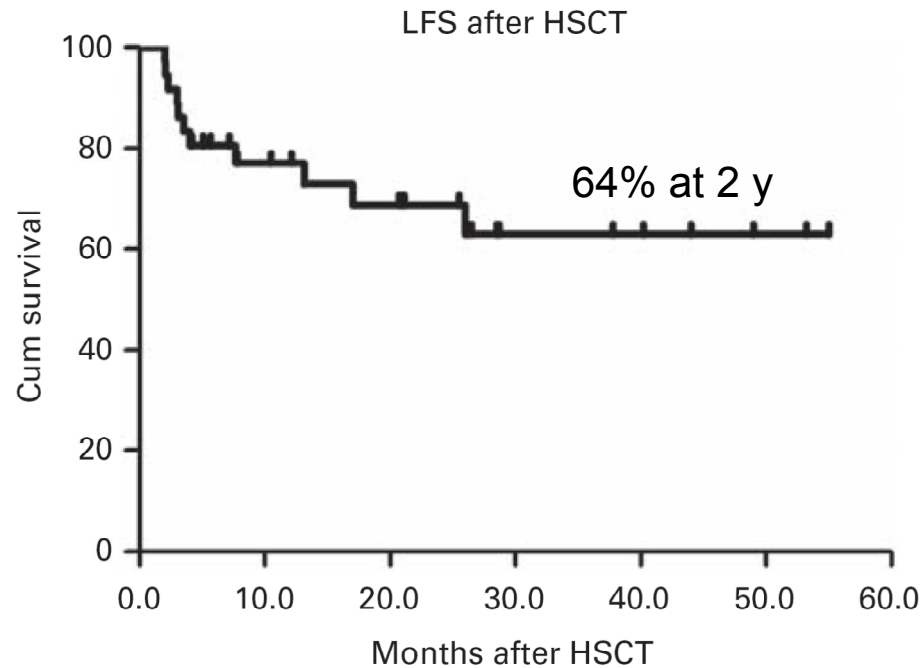
### DFS by risk disease at transplant



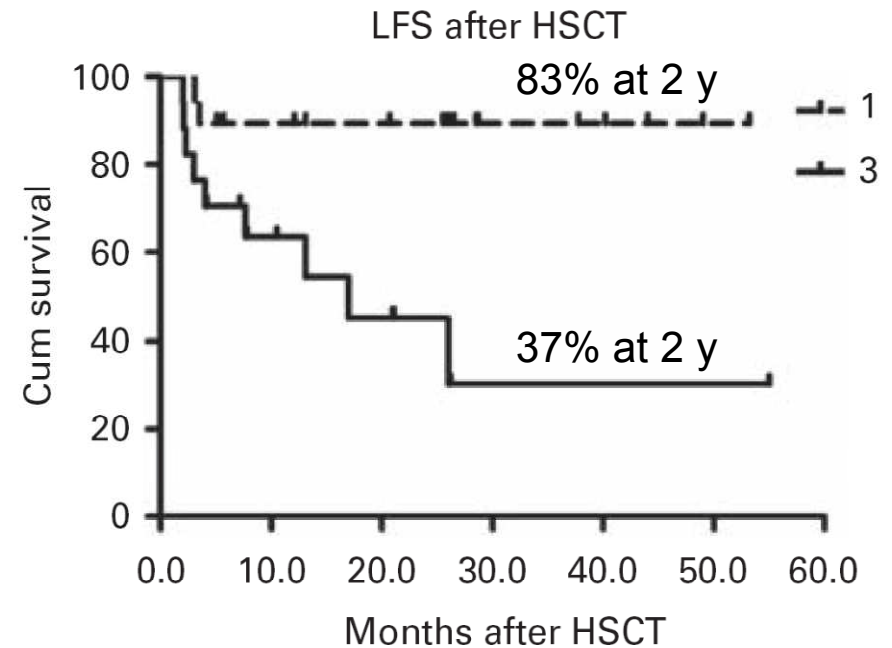
- High-risk disease at transplant
  - AML not in remission
  - IPSS int-2 or high-risk
  - >5% blasts in BM
- Low-risk disease at transplant
  - All others

# Haploidentical transplantation for MDS

## Disease-free survival



Overall series



By no. of HLA mismatches

# TPH alogénico en SMD

## Fuente de células

- ¿Mejor DNE HLA-idéntico joven que hermano de edad avanzada?
- SPM probablemente preferible a MO en enfermedad avanzada (pero mayor EICH)
- Experiencia con SCU y donante haploidéntico limitada

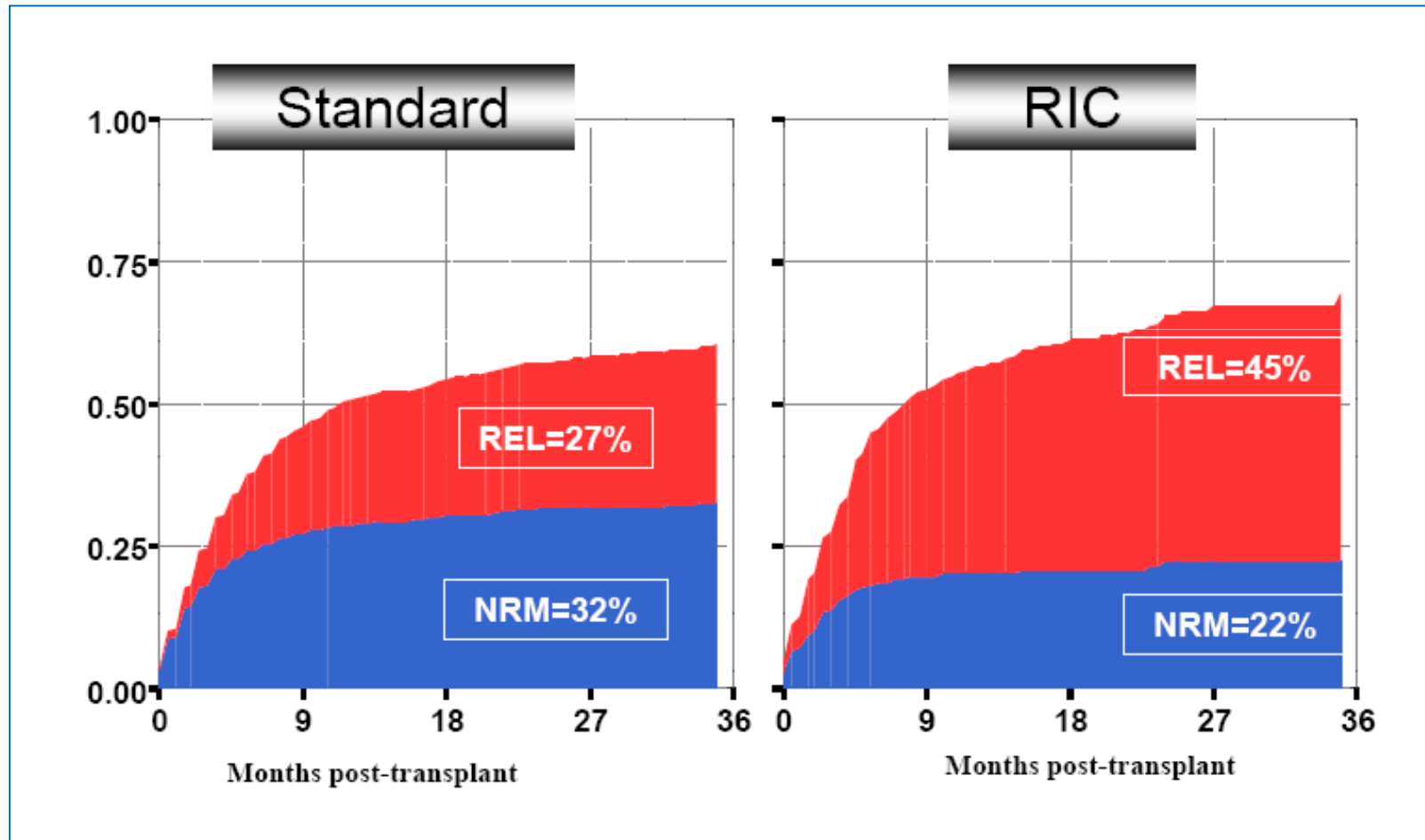
# Opciones terapéuticas: TPH alogénico

## Momento y tipo de trasplante

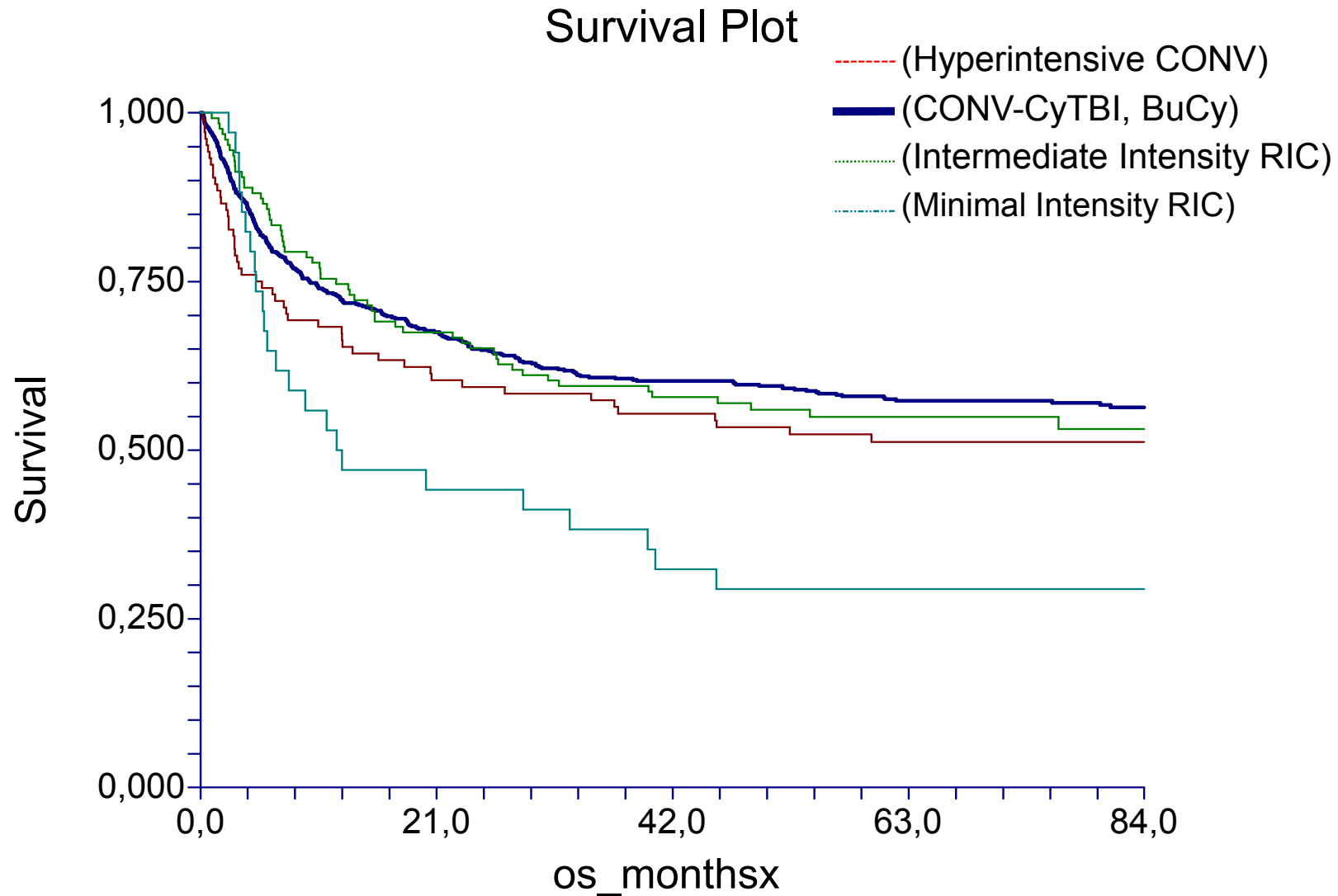
- El trasplante se deberá realizar **tan pronto se localice un donante apropiado.**
  - Realizar **tipaje HLA al diagnóstico.**
  - **Búsqueda inmediata y simultánea de DNE y unidades de SCU** si no hay donante familiar HLA-idéntico.
    - Limitar a pacientes de menos de 65 años.
    - Entre 55 y 65 años es preferible un DNE adulto.
  - Realizar en centro con experiencia

# Acondicionamiento

# Impacto del régimen de acondicionamiento (MAC versus AIR)



# Survival at 7 year for RIC vs standard conditioning



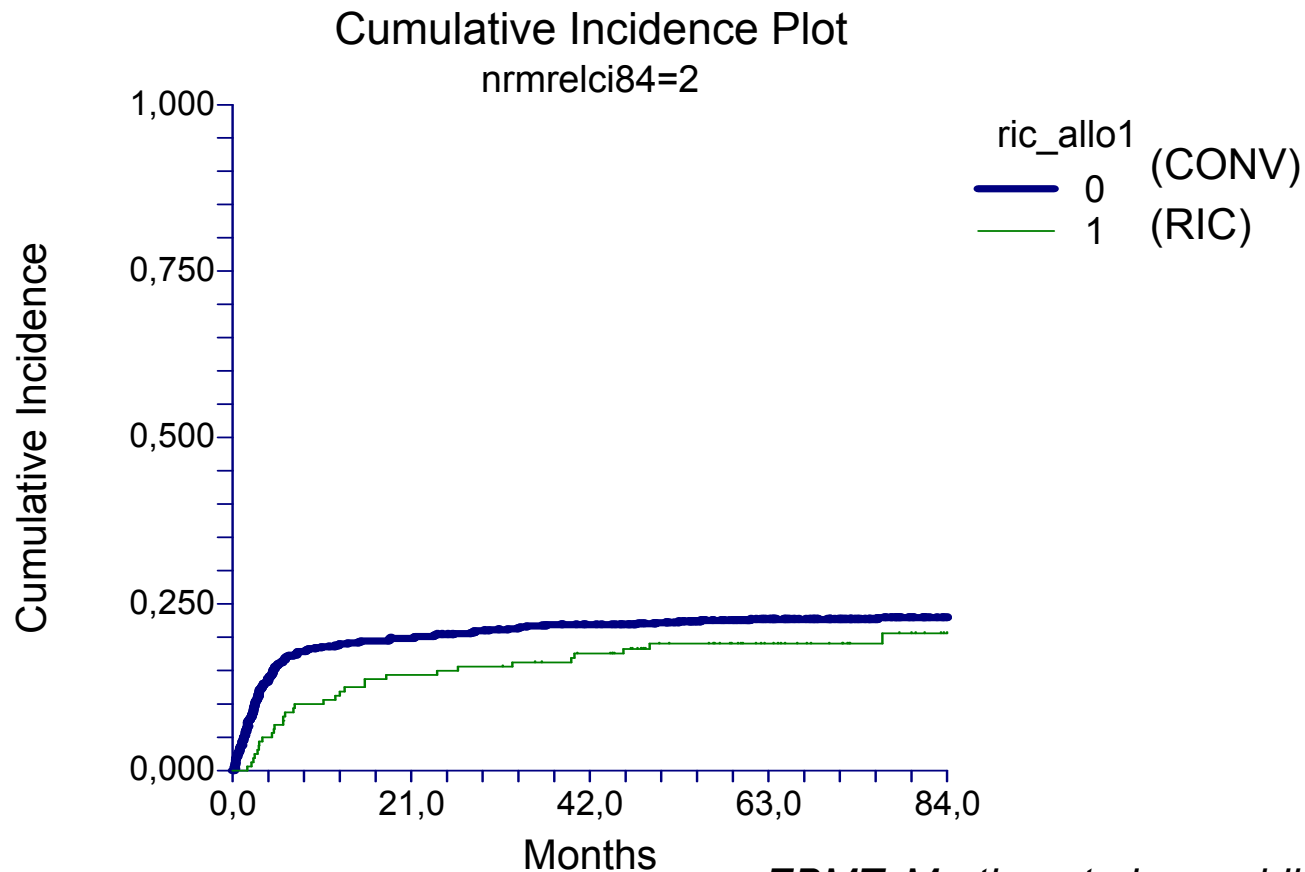


# NRM at 7 y for RIC vs standard conditioning

HLA-id sibling, MDS or AML with < 10% blasts

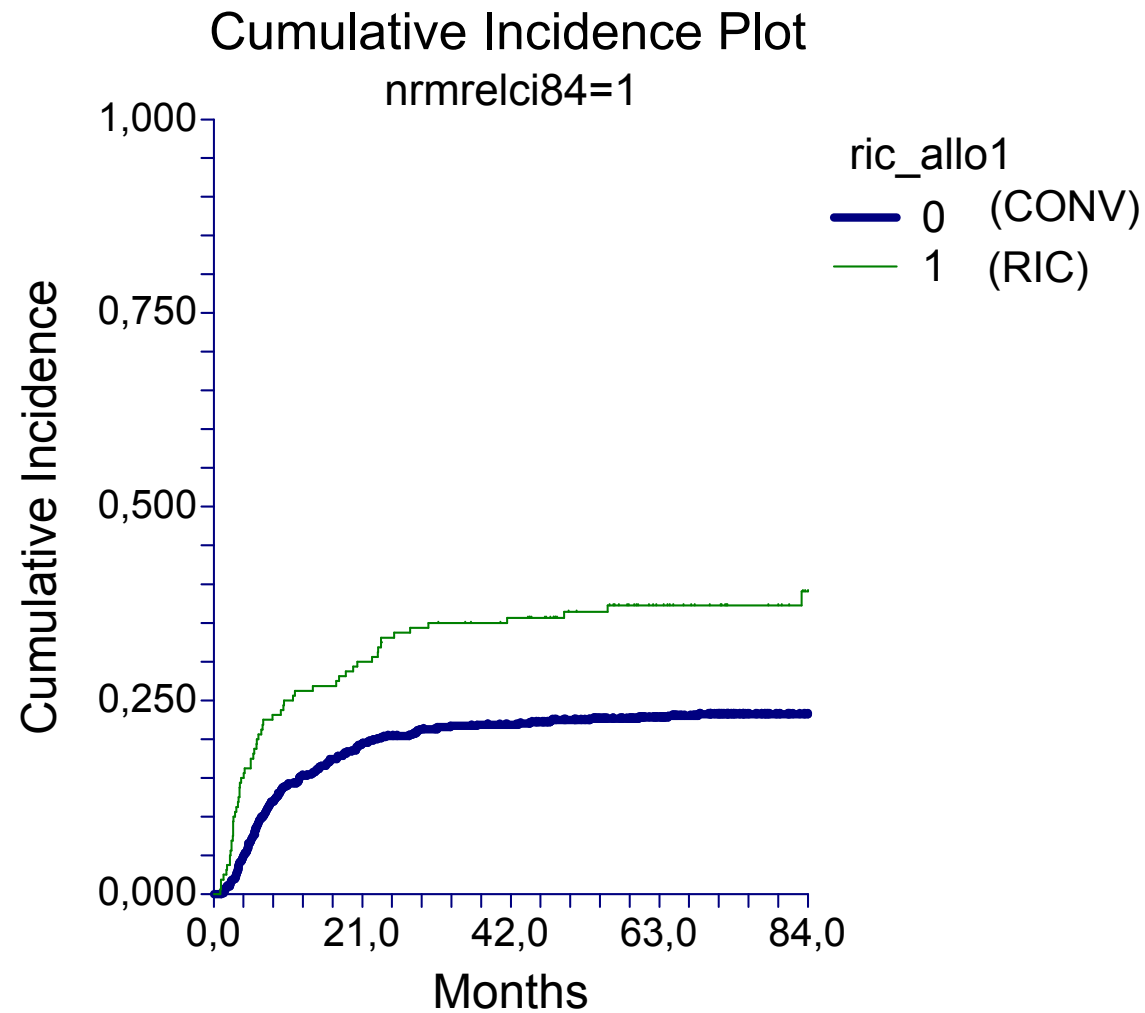
Myeloablative conditioning: n = 718

Reduced intensity n = 160



*EBMT, Martino et al., unpublished update*

# Relapse incidence at 7 year for RIC vs standard conditioning



# RICMAC Study: Cox Model Results

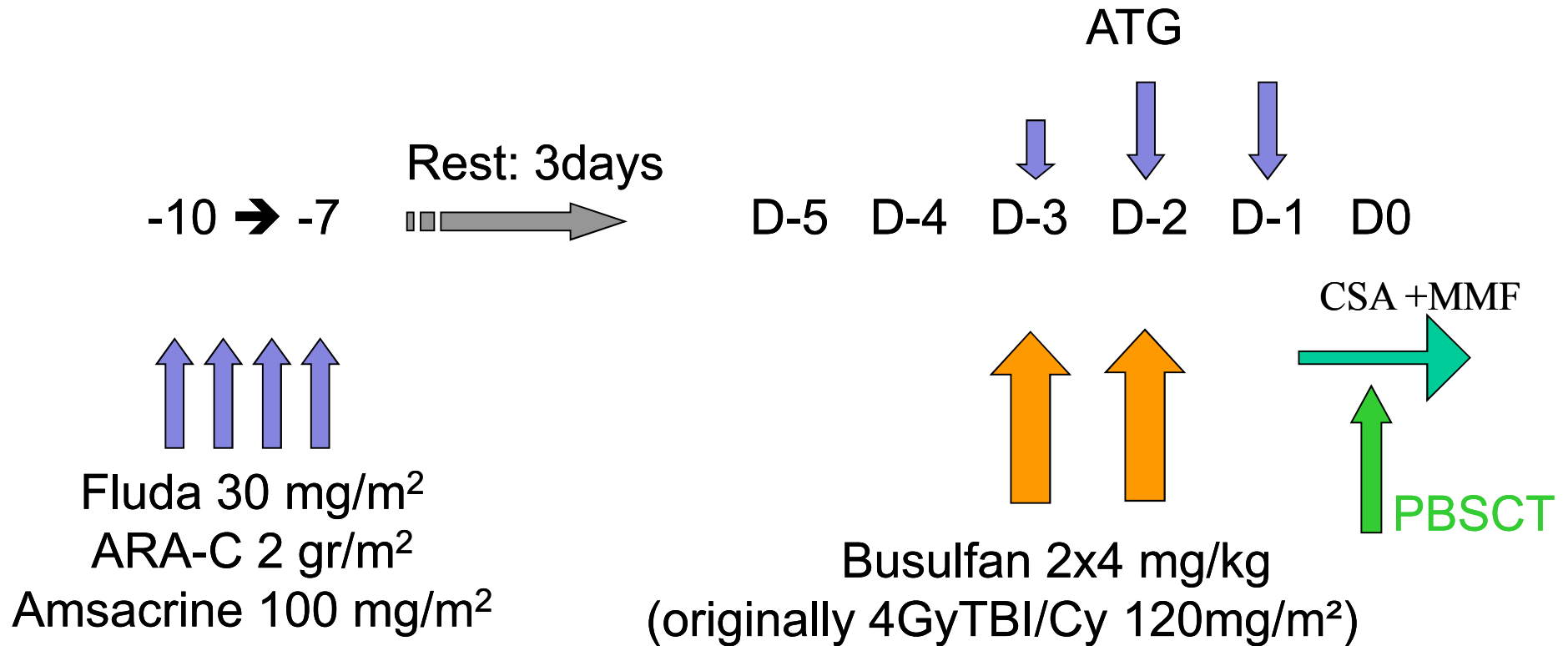
	<b>OS HR (P)</b>	<b>RFS (HR)</b>	<b>Relapse (HR)</b>	<b>NRM (HR)</b>
<b>RIC</b>	<b>0.5 (0.06)</b>	<b>0.7 (0.4)</b>	<b>1.39 (0.5)</b>	<b>0.54 (0.1)</b>
Blasts 5%	0.6 (0.3)	1.08 (0.8)	1.95 (0.2)	0.67 (0.38)
MUD	2.6 (0.04)	1.6 (0.2)	0.9 (0.9)	2.7 (0.07)
Age	1.05 (0.13)	1.036 (0.06)	1.001 (0.1)	1.01 (0.02)

# Opciones terapéuticas: TPH alogénico

## Régimen de acondicionamiento

- **Mieloablatoivo estándar**
  - Edad < 55 años y no comorbilidades, especialmente si proporción medular de blastos elevada o citogenética adversa.
- **De intensidad reducida**
  - Edad > a 55 años o comorbilidades.

# Induction followed by immediate conditioning (FLAMSA protocol)



Resultados muy preliminares

# Comparison of Conditioning Regimens Using Intravenous Busulfan versus Total Body Irradiation for Allogeneic Hematopoietic Stem Cell Transplantation in Hematologic Malignancies

CIBMTR Study SC09-01

Prospective



**CIBMTR**<sup>®</sup> CENTER FOR INTERNATIONAL BLOOD  
& MARROW TRANSPLANT RESEARCH

# Patient Characteristics

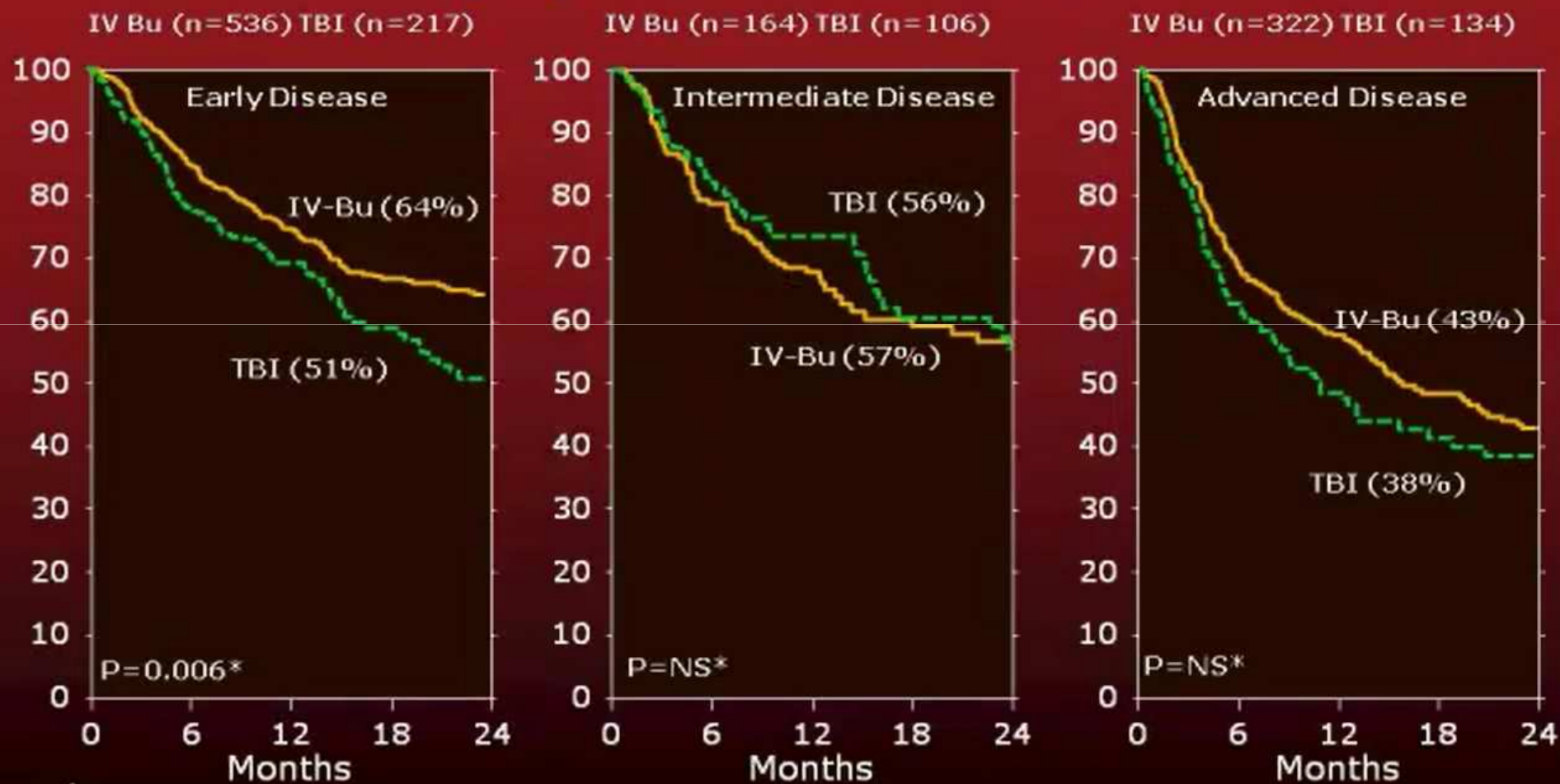
<b>Characteristics</b>	<b>IV Bu (N=1025) %</b>	<b>TBI (N=458) %</b>
<b>Age</b>		
<20 yrs	16	11
20-49 yrs	44	60
$\geq 50$ yrs	40	29
<b>Female</b>	50	48
<b>Performance Score <math>\geq 90</math></b>	69	67
<b>AML</b>	68	78
<b>MDS</b>	21	10
<b>CML</b>	11	12
<b>HCI-CI <math>\leq 3</math></b>	81	83
<b>Advanced disease</b>	31	29

## Overall Survival of Recipients of IV-BU Compared to TBI-based Myeloablative Conditioning



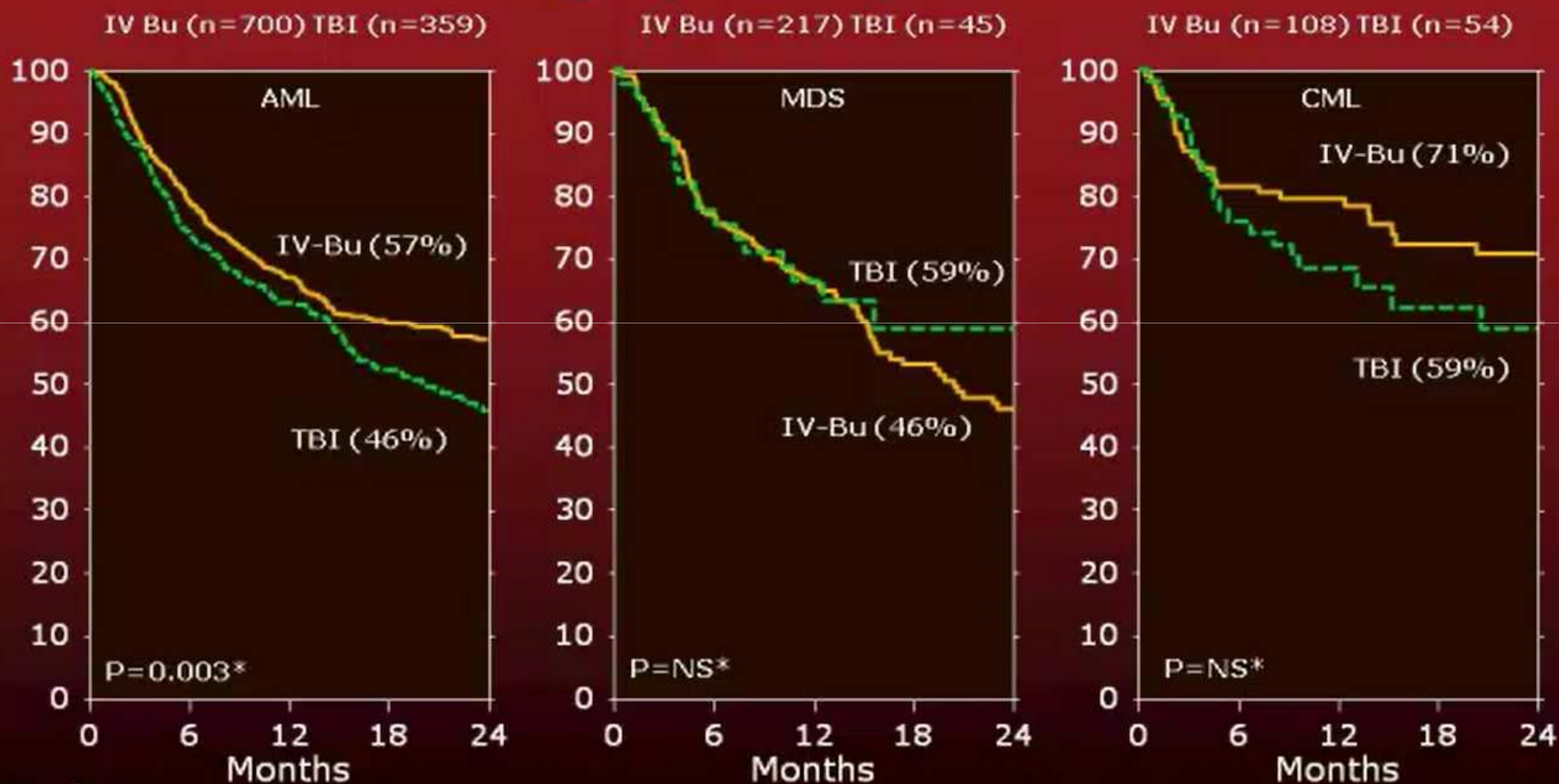


# Overall Survival of Recipients of IV-BU Compared to TBI-based Myeloablative Conditioning by Disease Status at Transplant



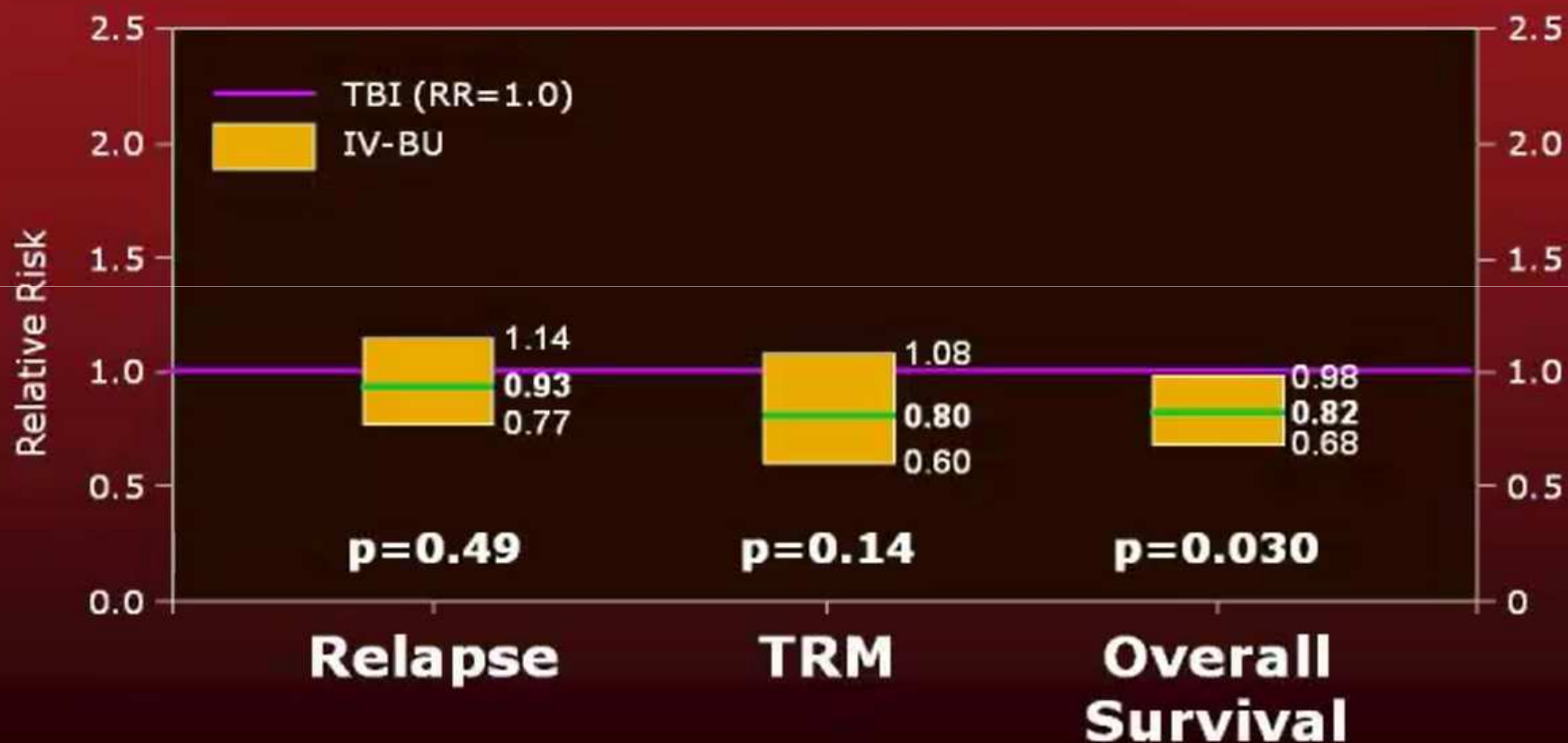
\*pointwise p-value at 2 years

# Overall Survival of Recipients of IV-BU Compared to TBI-based Myeloablative Conditioning by Transplant Indication



\*pointwise p-value at 2 years

# Multivariate Analysis: Bu vs.TBI



# Tratamiento pre-trasplante

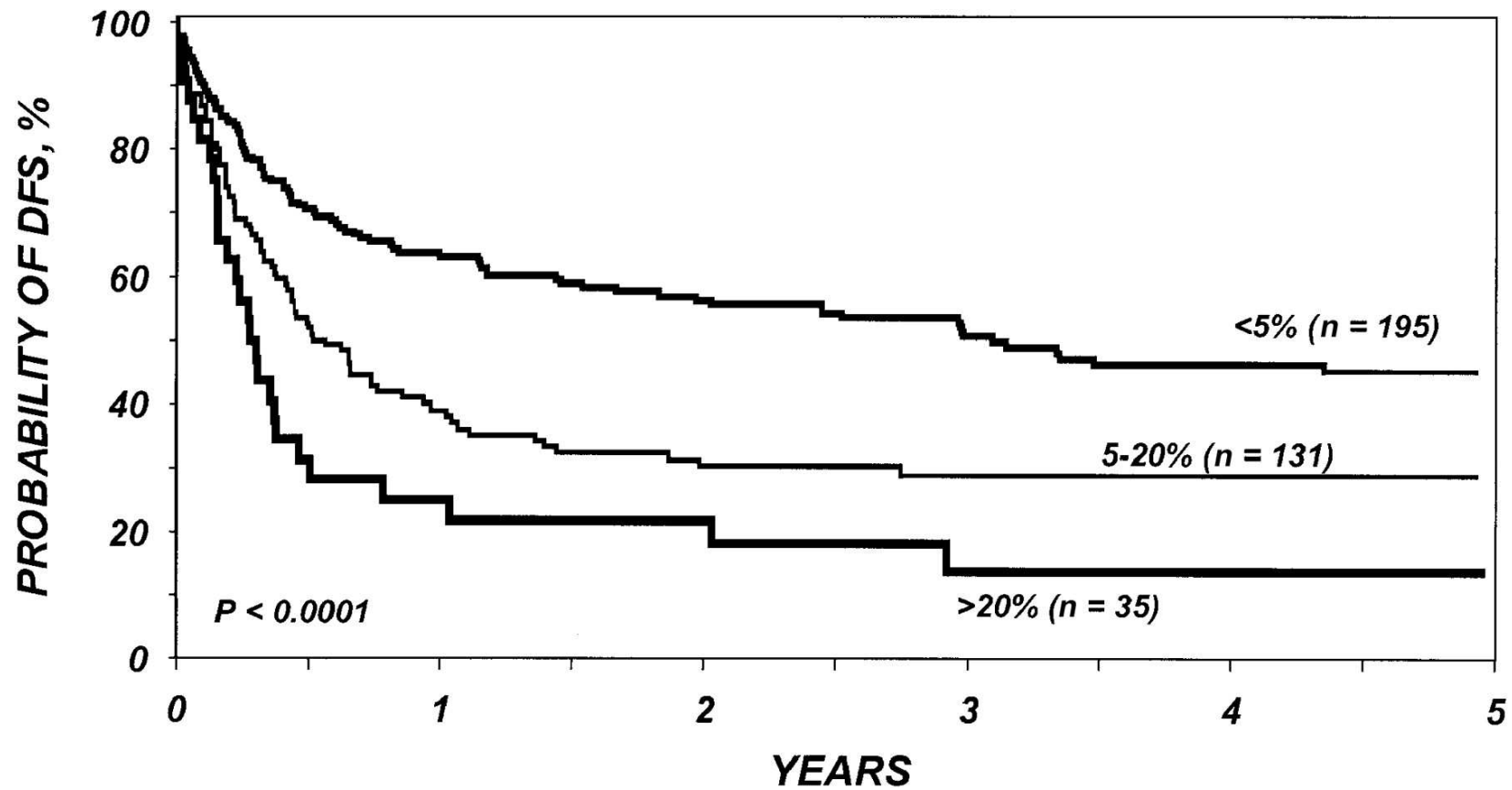
## Pre-treatment

### Main reasons for preconditioning therapy

- Lower the burden of disease
  - Aim: To reduce relapse risk and improve survival
  - Classical indications:
    - Excess of blasts (usually  $> 10\%$ ;  $> 5\%$  if RIC)
    - Poor-risk cytogenetics
- Logistic
  - Aim: To stabilize the disease while waiting for the transplant
  - Classical indication:
    - Search for an unrelated donor

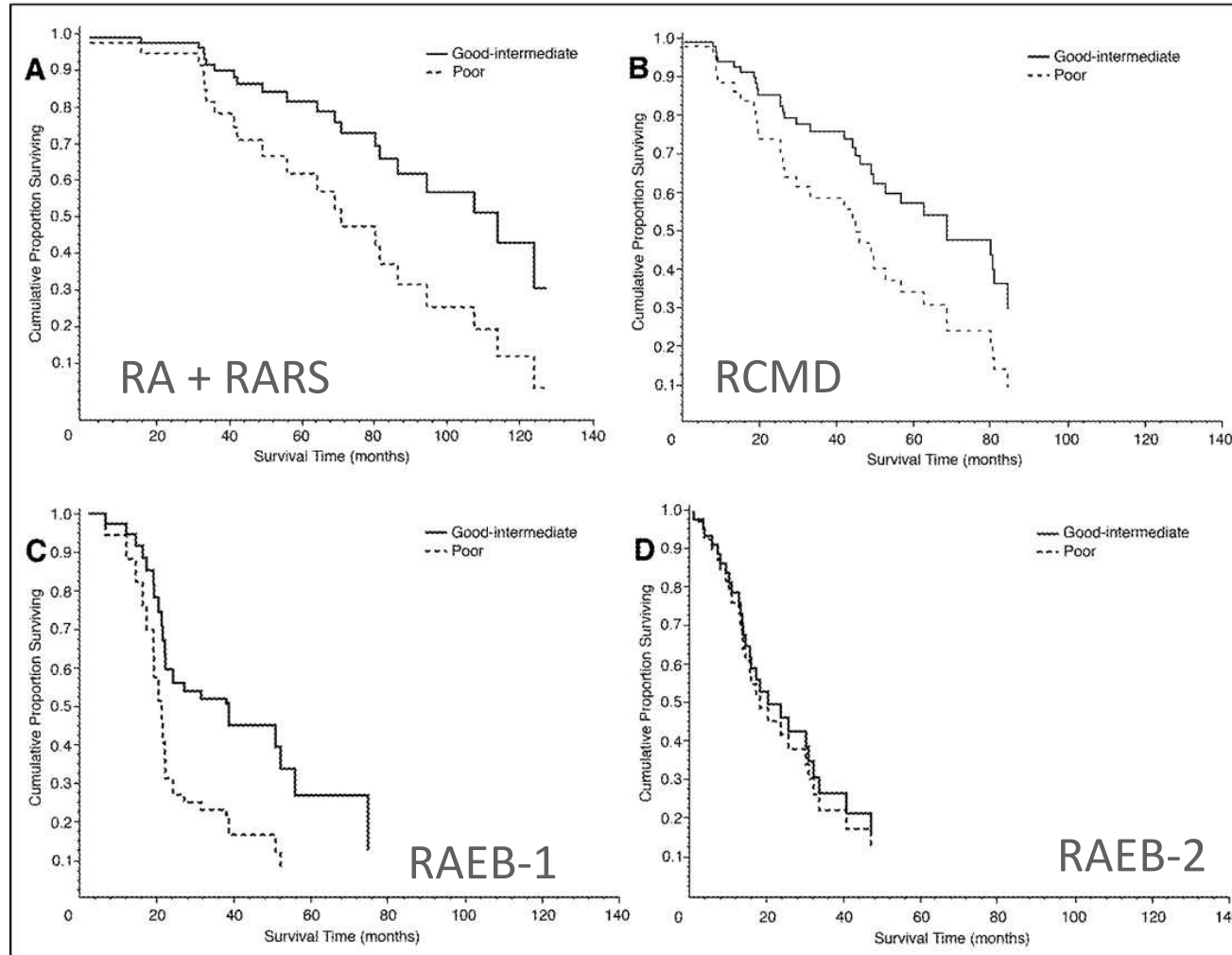
# Allo-SCT for MDS

## Impact of bone marrow blasts at transplant in outcome



# Allo-SCT for MDS

## Impact of cytogenetic risk in transplant outcome



~ 85% of marrow cells in MDS bear somatic mutations

# Pre-treatment

## Main factors to take into account

- Characteristics of the disease
  - Percentage of BM blasts
  - Cytogenetic risk group
- Characteristics of the patient
  - Age
  - Comorbidity
- Characteristics of the transplant
  - Conditioning: Standard myeloablative / RIC
  - Donor: Family / Unrelated donor



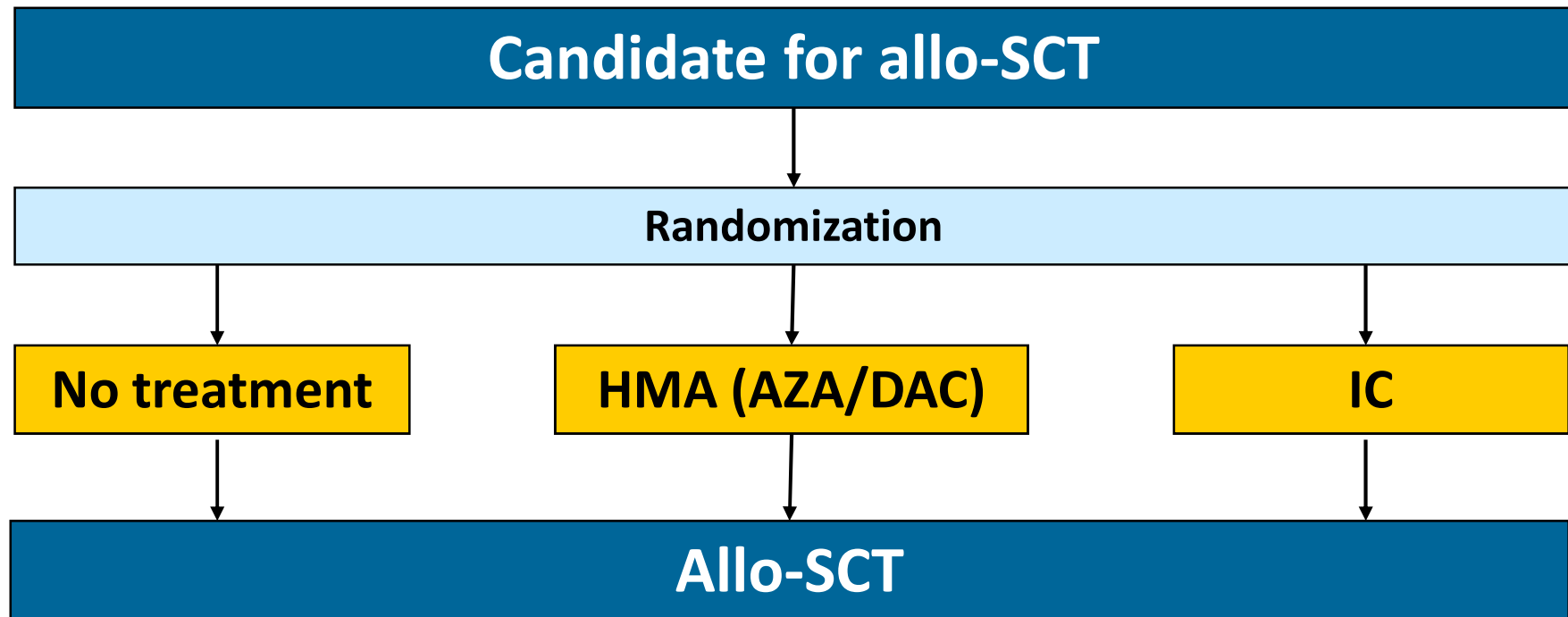
## Pre-treatment

### Disadvantages of preconditioning therapy

- Prevent the patient from reaching the transplant or increase NRM after SCT
  - Death or serious adverse events
    - Intensive chemotherapy (~ 20 – 30%)
    - Hypomethylating drugs (unknown, likely < 10%)
- Failure to reduce burden of disease
  - Refractory disease or progression
    - Intensive chemotherapy (~ 25 – 30%)
    - Hypomethylating drugs (unknown, likely > 40%)

# Pre-treatment

## Randomized prospective comparative trial required



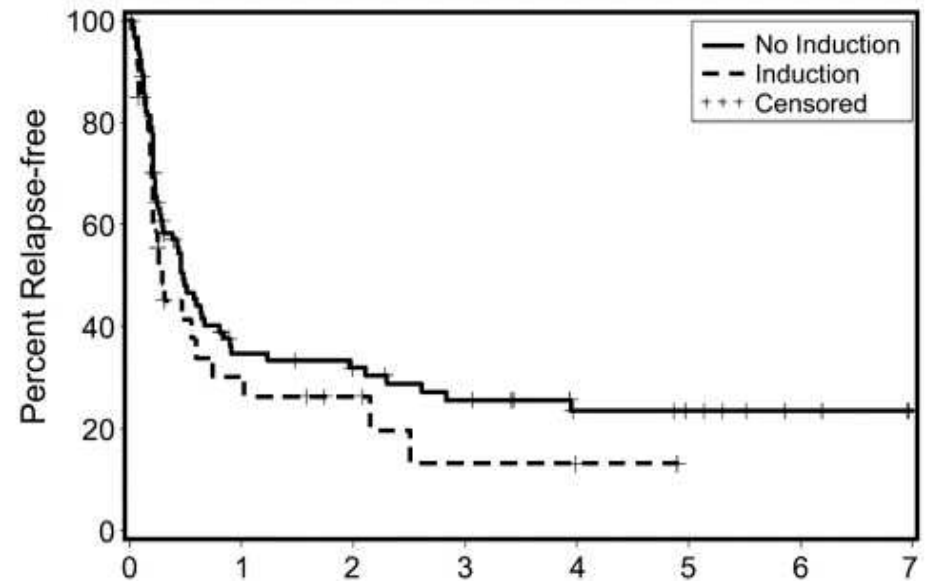
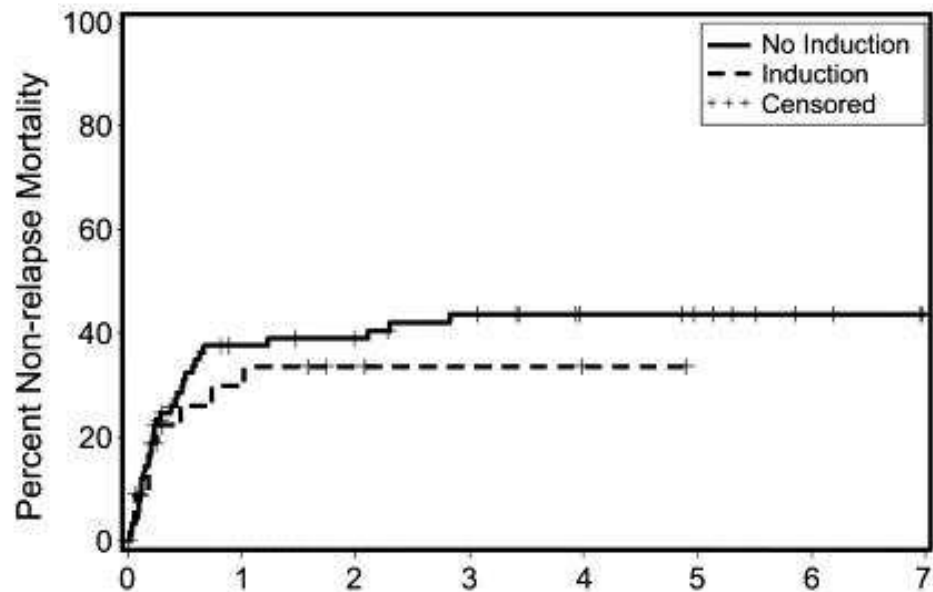
- Difficult to perform and unlikely to occur
  - Large number of patients required, especially if subset analysis required

## Pre-treatment Retrospective comparative data

- Very few studies available
- Small sample size: low statistical power to detect differences in outcomes
- Studies do not include patients who fail pre-treatment and are not referred to transplantation: potential bias

# Pre-treatment IC versus no treatment before MAC

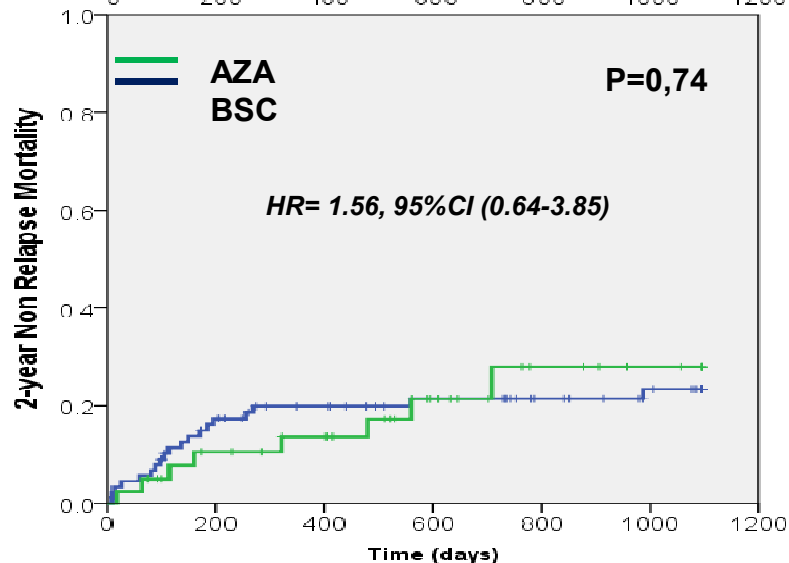
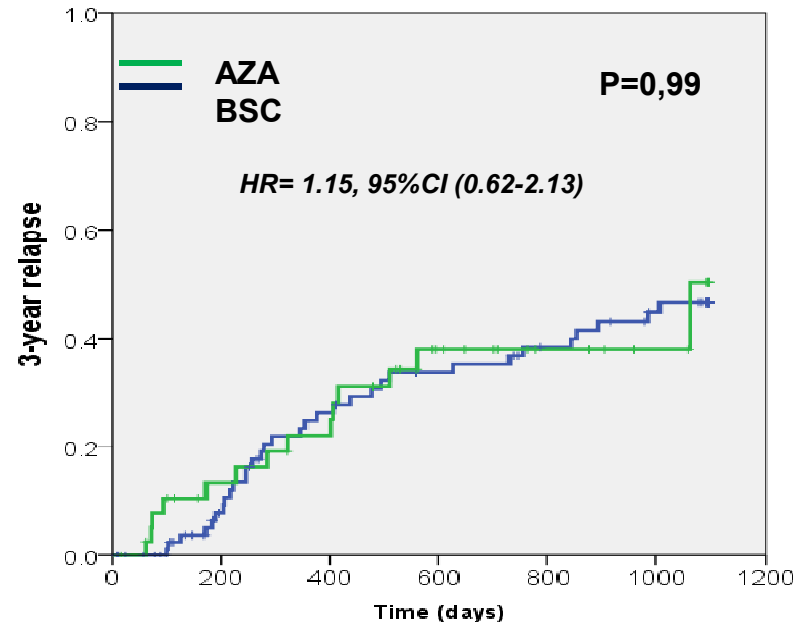
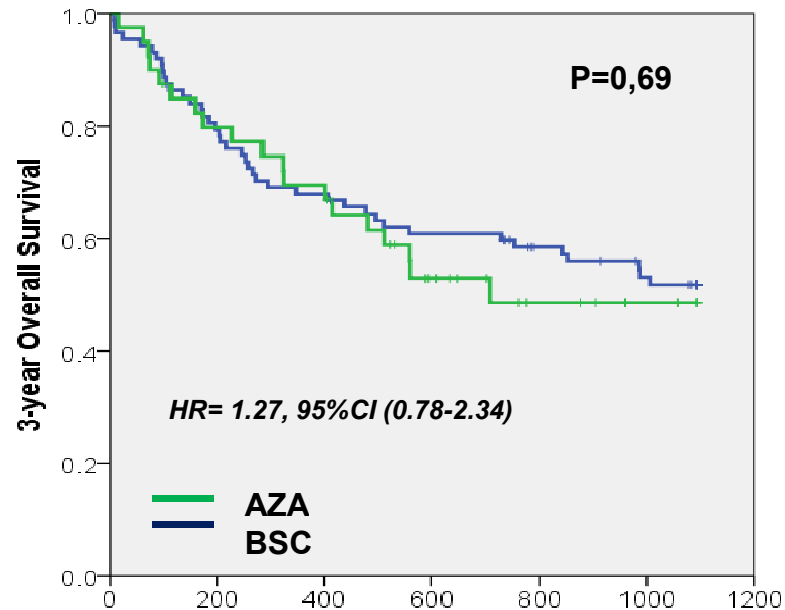
- 125 patients: IC (n = 33), no IC (n = 92)
- All received myeloablative conditioning
- No differences in RR, NRM, and RFS



- Conclusion: No evidence of a benefit for IC before transplant

# Pre-treatment

## Azacitidine versus no treatment before RIC

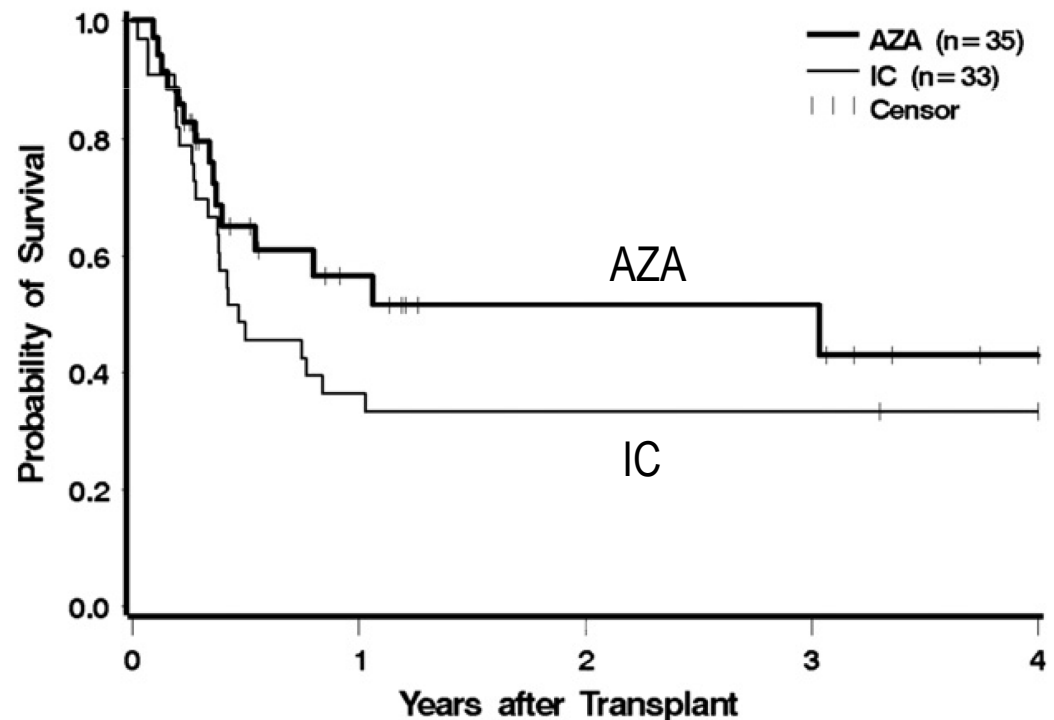


- Conclusion: Absence of treatment before RIC did not alter outcomes after transplant

# Pre-treatment

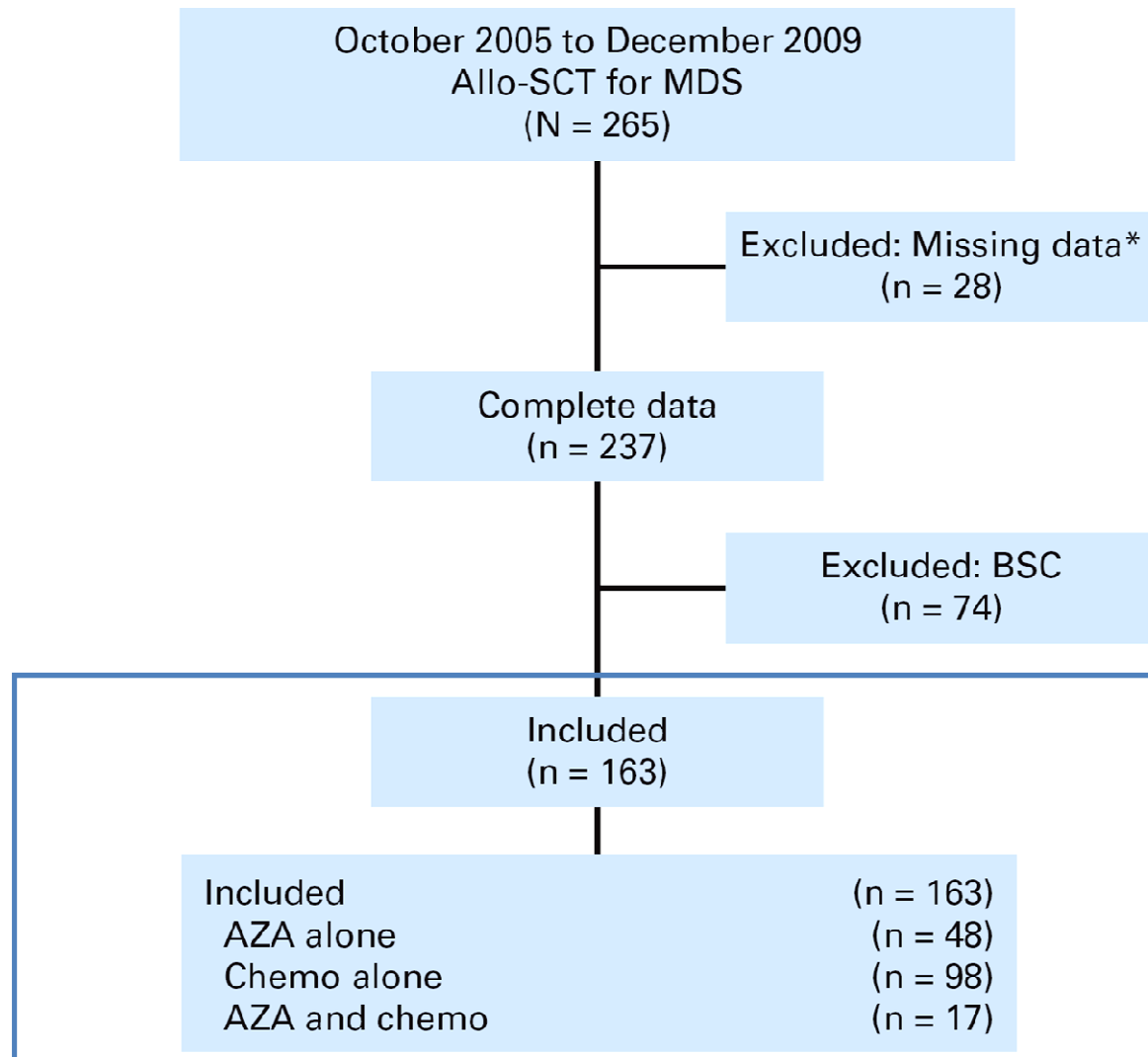
## Azacitidine versus intensive chemotherapy

- 68 patients: IC (n = 33, all myeloablative), AZA (n = 35, 60% RIC)
- AZA patients were older (median age, 60 y vs 47 y), had less advanced disease, and had more frequently an URD (P = .002)
- No significant differences in RR, NRM, and OS were evident in multivariate analysis
- Conclusion: AZA may allow similar transplant outcomes than IC with less toxicity



# Pre-treatment

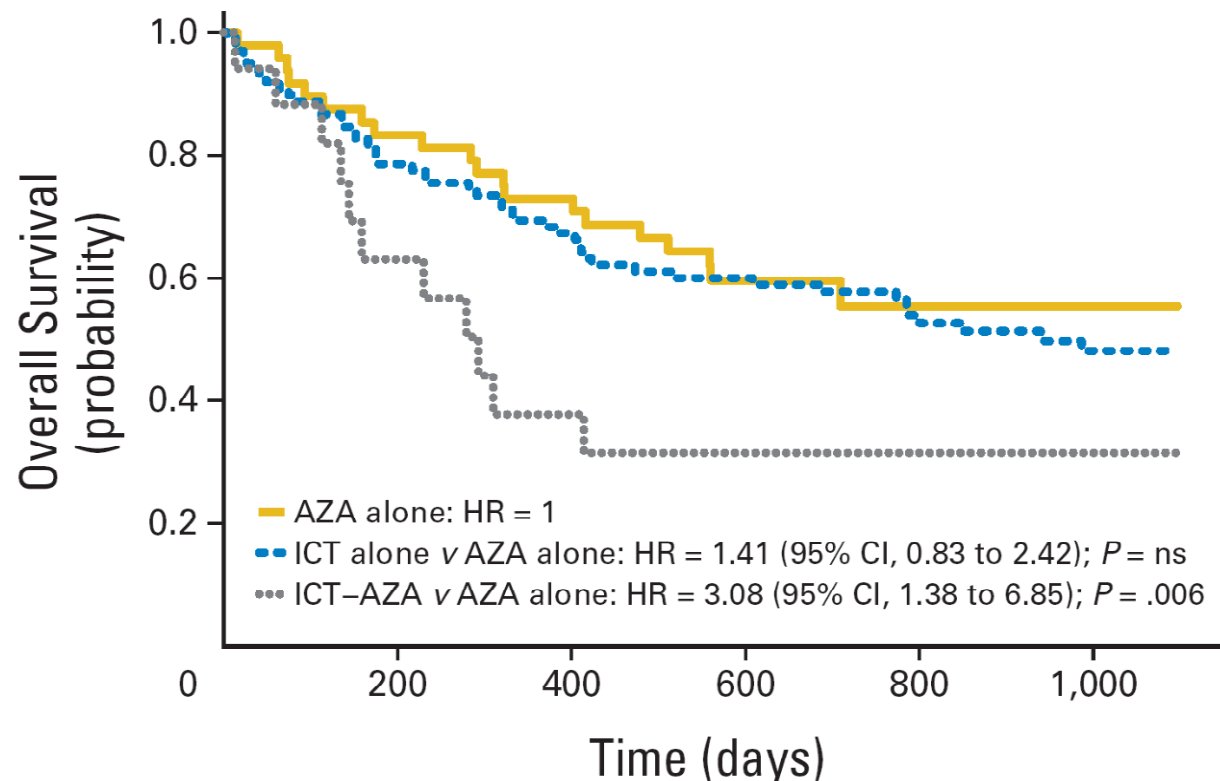
## Azacitidine versus intensive chemotherapy



# Pre-treatment

## Azacitidine versus intensive chemotherapy

- Absence of statistically significant differences in OS, EFS, RR, and NRM in uni- or multivariable analyses
- Conclusion: AZA and ICT led to similar outcomes





# Pre-treatment Conclusions

- Available data do not allow to make definite recommendations on the usefulness and best type of pre-conditioning therapy for allo-SCT
- Preliminary data suggest that outcomes after azacitidine and intensive chemotherapy are similar
- At present, subsets of patients who could benefit from one of these treatment alternatives cannot be properly defined

## **Pre-treatment Iron chelation**

- Iron overload is clearly associated to poorer outcomes after allo-SCT in MDS and AML due to higher NRM
- Currently available treatment guidelines recommend early iron chelation in patients considered candidates for allo-SCT
- There are no data on the clinical benefit of iron chelation before allo-SCT in MDS patients

## Opciones terapéuticas: TPH alogénico

### Tratamiento pre-trasplante

- **Uso de QT tipo LMA ó azacitidina (AZA) aceptable, aunque de eficacia no probada, en pacientes con blastos en MO >10% y/o citogenética de alto riesgo.**
  - **No existe evidencia para inclinarse por el uso de AZA ó QT tipo LMA en este contexto.**
- **El tratamiento quelante del hierro antes del trasplante recomendable si dependencia transfusional y sobrecarga de hierro.**

# TPH alogénico en SMD

## Conclusiones

- El TPH alogénico es el tratamiento de elección en SMD de alto riesgo candidatos al mismo.
- El empleo de acondicionamientos de menor toxicidad y fuentes alternativas al hermano HLA-idéntico ha aumentado el acceso al TPH pero su empleo sigue siendo limitado (<10%).
- Cuestiones de gran relevancia continúan sin respuesta.