

Insuficiència Mitral Aguda: On Encaixa el Mitraclip?

Hospital Clinic of Barcelona

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Clinical Case

- 78 yo woman.
- CVRF: HTN, DL, DM (Insulin).
- CKD. GF 44 ml/min
- Acute Inferior Myocardial Infarction Killip III
- Primary PCI: RCA 100% → DES x 2 . LAD and LCx OK
- Persistent CHF despite Furosemide iv.

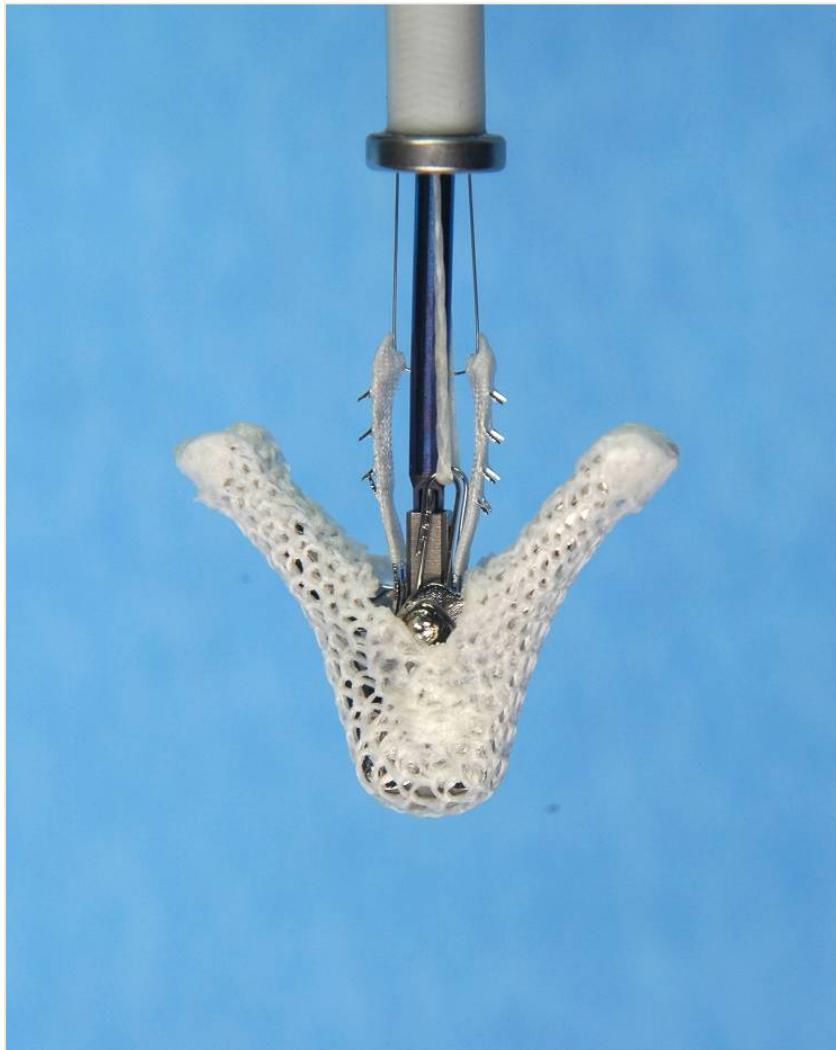
Clinical Case

- Progressive worsening in 3 hours → Cardiogenic Shock
 - TTE: LVEF 40% (Inferior Akinesia) / Severe MR (FMR?)
 - NTG, DBT and Furosemide iv.
 - IABP
 - BiPAP → Mechanical Ventilation
- CV Surgery Assessment → Turned down for surgery (instability?)

Clinical Case

- Hemodynamic stabilization with DBT/NA and IABP.
- No clear symptomatic improvement.
- Progressive multi-organic failure:
 - Continuous HDF.
- Turned down for cardiac surgery again.
- TEE: Severe FMR (suitable anatomy for Mitraclip).

Percutaneus mitral repair with Mitraclip

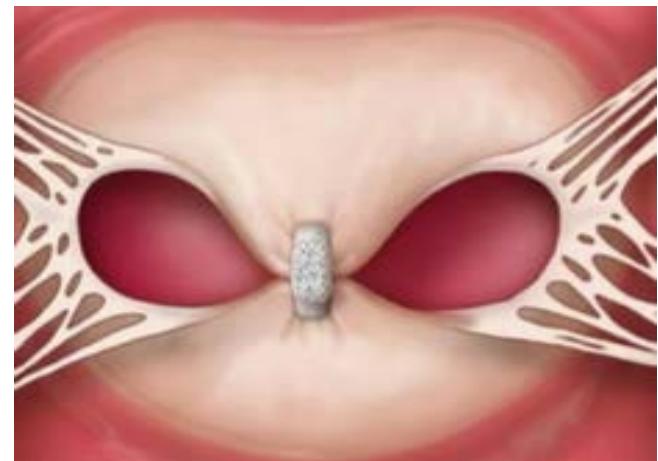
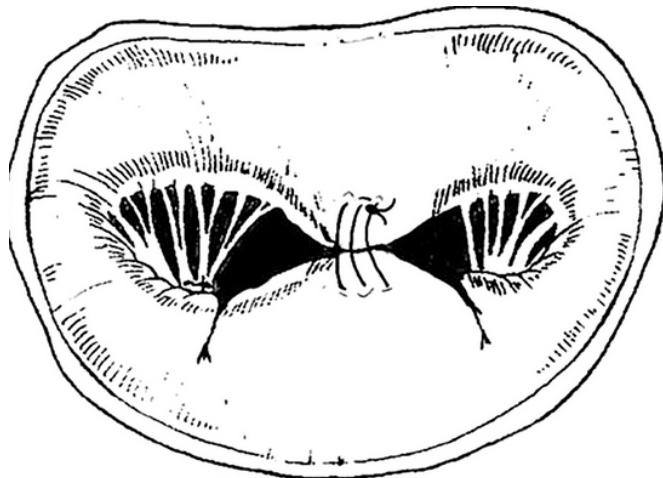


Percutaneous mitral repair with Mitraclip

- Venous Access (24 French).
- Transeptal Puncture (TEE guided).
- Guidance with Fluoroscopy and **TEE 2D-3D**.
- General anesthesia.
- Heparin ev (ACT>250).
- No contrast (renal protection).
- Repositionable and retrievable (no rush).

Alfieri versus Mitraclip

- Beating heart technique.
- Continuous evaluation of the mitral regurgitation.
- Possibility to reposition / implantation of additional clips.
- Indirect annuloplasty¹



Acute Mitral Regurgitation after AMI



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Acute Mitral Regurgitation after AMI



Acute Mitral Regurgitation after AMI



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Clinical Case

- Progressive improvement after Mitraclip.
- Weaning from IABP → DBT → Mechanical Ventilation.
- Restored diuresis 4 days after the intervention.
- Discharged 12 days after the intervention.
- Clinical Follow-up at 6 months: NYHA 2/4 / mild-moderate MR

Acute MR after MI

- Acute severe MR is poorly tolerated during STEMI/NSTEMI
- Mortality rate in different series around 40%.
- >50% of patients are in cardiogenic shock.
- Medical treatment is the most followed strategy.
- In “real world” series, cardiac surgery is infrequently performed.

Acute MR after MI

- Between 2012 and 2017 → 3020 STEMI patients were screened.
- 43 patients (1.5%) presented acute severe MR.
- In 48% the MR was diagnosed prematurely (<12h).
- 54% of patients were on Killip IV.
- In-hospital mortality was 37.2%

Acute MR after MI

Type of MR	
- FMR	67.4%
- FMR + DMR	32.6%
Time to MR detection	
- <12h	48.8%
- 12-24h	9.3%
- >24h	41.9%
LVEF	$33.4 \pm 9.7\%$
sPAP	$36.4 \pm 18.1\text{mmHg}$
Pericardial Effusion	30.2%

Acute MR after MI

MR Treatment	
- Medical therapy	72.1%
- Surgery	16.3%
- Mitraclip	7%
- Cardiac Transplantation	4.7%
Hemodynamic Support	
- No support	27.9%
- Inotropic drugs	32.6%
- IABP	2.3%
- Inotropic drugs + IABP	37.2%
- LVAD	0%

Acute MR after MI

- In-hospital mortality rate 37.2%
- In-hospital days of stay → 26 ± 30 days
- Predictors of mortality in multivariate analysis:
 - Killip IV
 - Aborted Cardiac Arrest
 - Elevated sPAP
 - RV Dysfunction
 - FMR + DMR

Need for Minimally Invasive Strategies

Mitraclip for acute MR after AMI

- Acute MR is poorly tolerated.
- Patients are frequently turned down for cardiac surgery.
- Cardiac anatomy is generally preserved:
 - Mild/moderate LV enlargement
 - Preserved leaflets
- Surgeons generally replace the mitral valve (no repair).
- Mitraclip is a very well-tolerated procedure even in critic patients.

Mitraclip for acute MR after AMI

	Patient #1	Patient #2	Patient #3	Patient #4	Patient #5
Age, yrs	76	51	76	72	66
Type of MI	STEMI	STEMI	NSTEMI	NSTEMI	STEMI
NYHA functional class IV cardiogenic shock	Class IV	Cardiogenic shock	Class IV	Cardiogenic shock	Cardiogenic shock
Logistic EuroScore, %	29.1	38.3	68.1	15	22.6
Interval between MI and clip, days	9	33	49	12	8
Pre-procedural					
LVEF, %	65	43	23	48	16
MR grade	4+	4+	4+	4+	4+
Papillary muscle rupture	No	No	No	No	No
Systolic PAP, mm Hg	68	70	70	70	65
Procedural					
Device success	Yes	Yes	Yes	Yes	Yes
Number of clips	2	2	2	1	2
Device time, min*	140	150	138	60	90
LV support	No	IABP	Inotropes	IABP	IABP
Post-procedural					
MR grade	1-2+	2+	Trace	Trace	2+
MV area, cm ²	1.8	2.1	3.3	3	4
MV gradient, mm Hg	4.5	3.1	1.8	3.8	3.5
Follow-up					
MR grade	2+	2+	1+	1+	2+
LVEF, %	60	45	20	50	15
Systolic PAP, mm Hg	30	38	42	32	60
NYHA functional class	II	II	II	I	IV/death during admission

EREMMI PROTOCOL EUROPEAN MULTICENTRIC REGISTRY

Acute MR after MI

- Between 2016 and 2018 → 44 patients underwent Mitraclip for acute severe MR after STEMI/NSTEMI
- Most of the patients underwent primary angioplasty LCx being the most common culprit artery (36.4%) and multivessel disease present in 54.5%.
- NYHA functional class IV with 54.3% on inotropes and 36.3% on mechanical circulatory support (2 ECMO and 14 IABP).
- Surgical risk was therefore extremely high, with a median EuroScore II of 15.1(6.2-23.2).

Echocardiographic Data

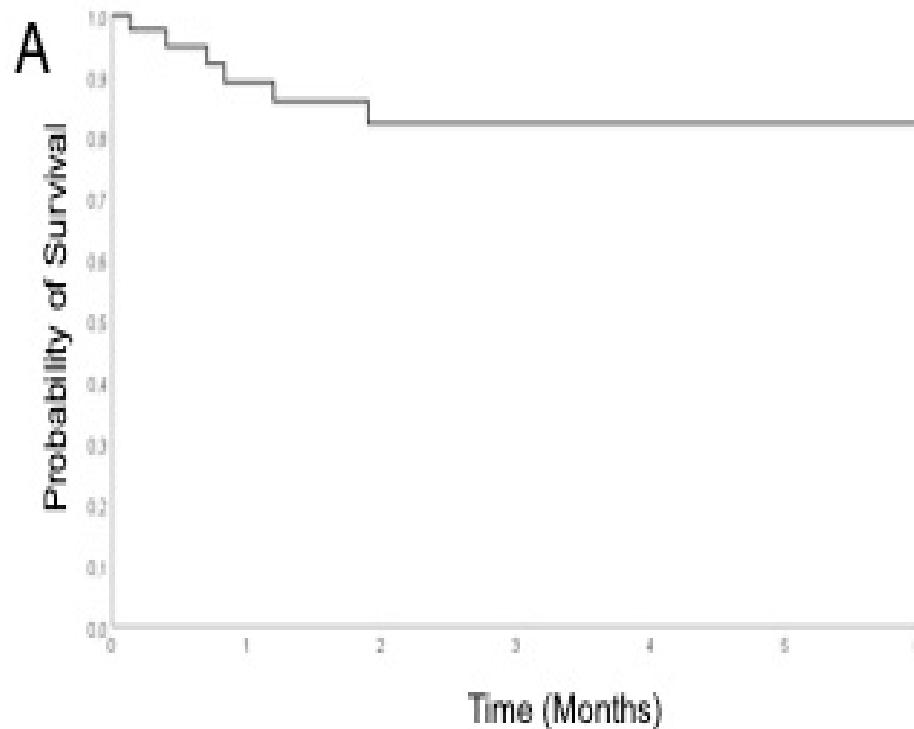
	Total n=44
Mitral regurgitation severity	
3	4(10.3)
4	35(89.7)
MR jet location	
A1-P1: lateral	3(7.5)
A2-P2: central	36(90.0)
A3-P3: medial	6(15.0)
LVEDD (mm)	55.5(48.2-59.5)
LVEDV (ml)	136 (102-163)
LVESV (ml)	76 (54-87.8)
LVEF (%)	35(26-44)
Tricuspid. Regurg.	1(1-2)
PASP (mmHg)	52.5(25-77.5)

Acute MR after MI

Procedural was considered urgent in 71%

Technical success was achieved in 88%

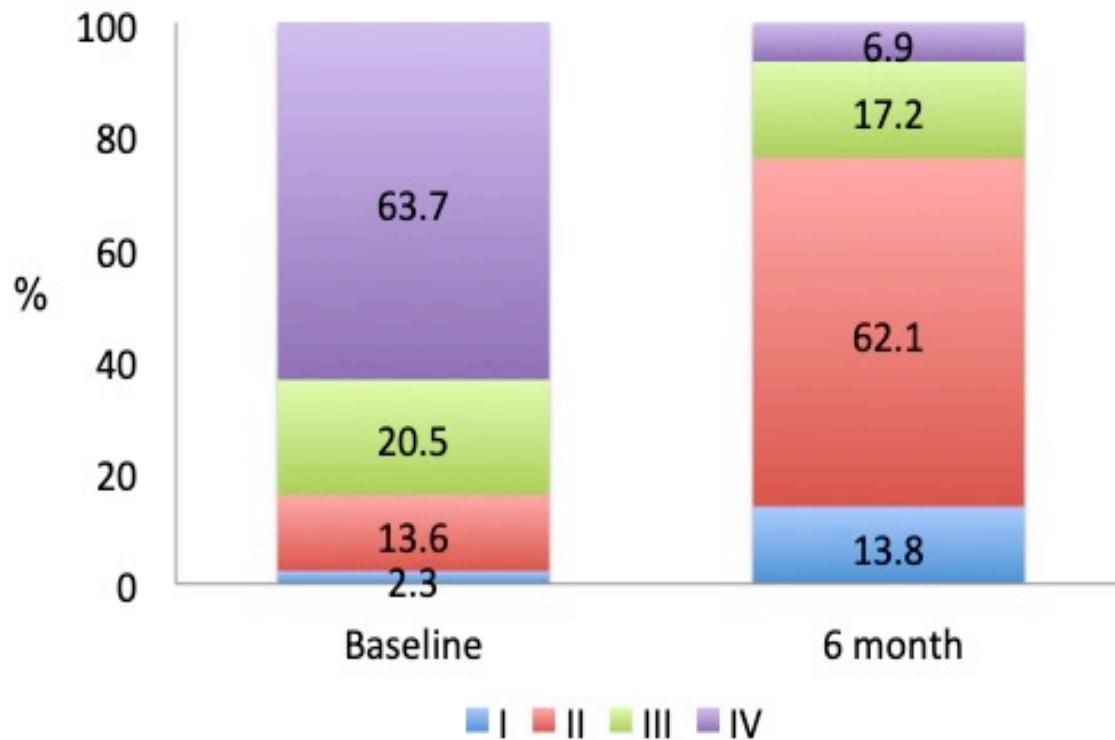
Mortality at 30 days was 9%



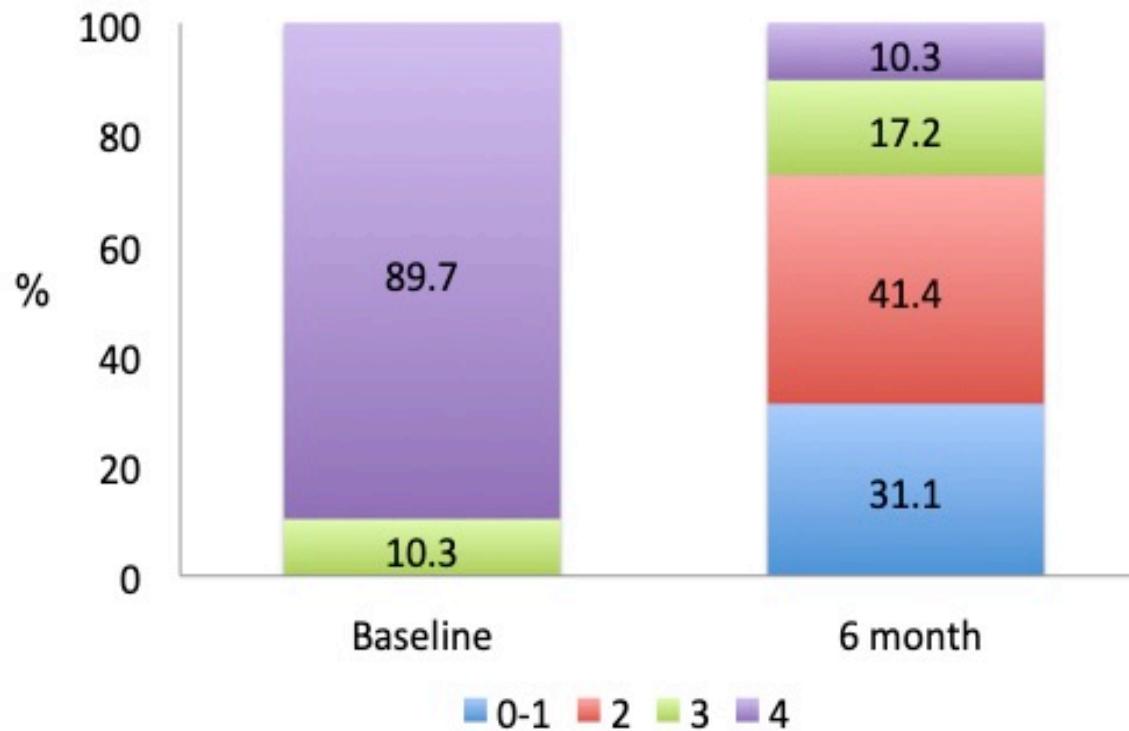
Acute MR after MI

- At 6 months follow-up, MAEs occurred in 36%
 - All-cause mortality was 18%
 - Readmissions for CHF were 11.4%
 - Cardiac Surgery in 6.8%

Clinical Status - NYHA



Echocardiographic Data



Mitraclip and Cardiogenic Shock

- 12 patients with cardiogenic shock undergoing Mitraclip.
- 8 patients with acute MI or acute MR.
- Among 4 patients with longstanding MR → 75% mortality at 30d
- Among 4 patients with acute MI → 25% mortality at 30d
- Among 4 patients with acute MR → 25% mortality at 30d

Predictors of Mitraclip Response in FMR

Clinical Status

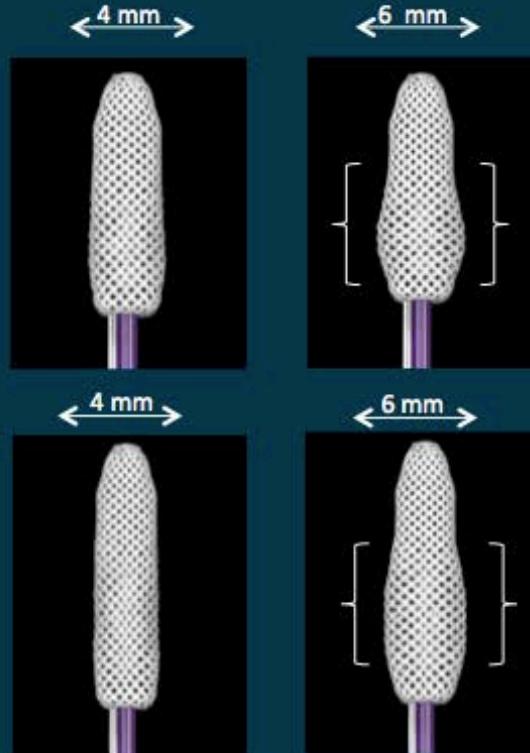
Severity and Acuteness MR

Is the MR of the patient playing a major role in the symptoms?

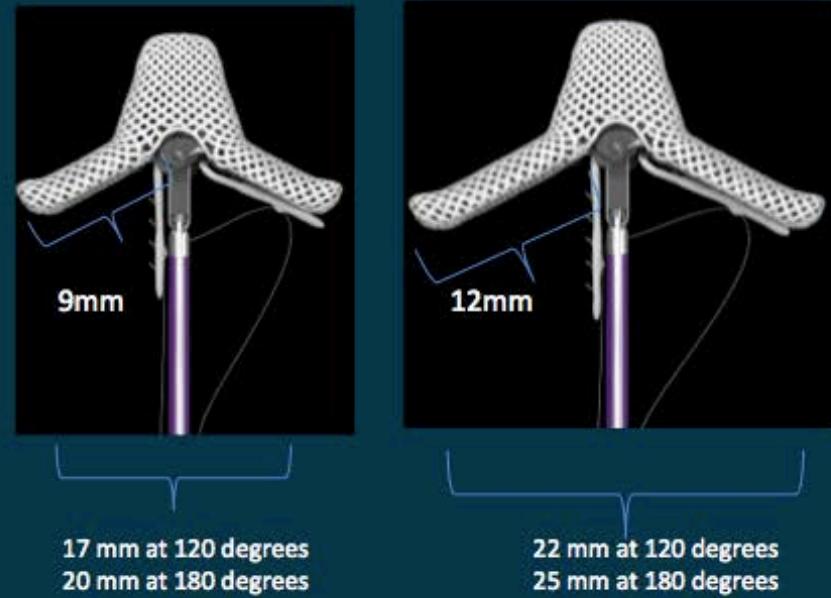
LVEF

Anatomical restrictions

MitraClip G4 – 4 Sizes



MitraClip™ G4*
4 Clip sizes



Clinical Case

(Acute DMR over chronic FMR)

76 y.o male

Ischemic MCD. CRT

NYHA Class IV – IAoBP – Inotropic support (DBT/NA)

Severe MR (FMR + DMR)

LVEF 20-25%

PAP 65 mmHg. Normal RV



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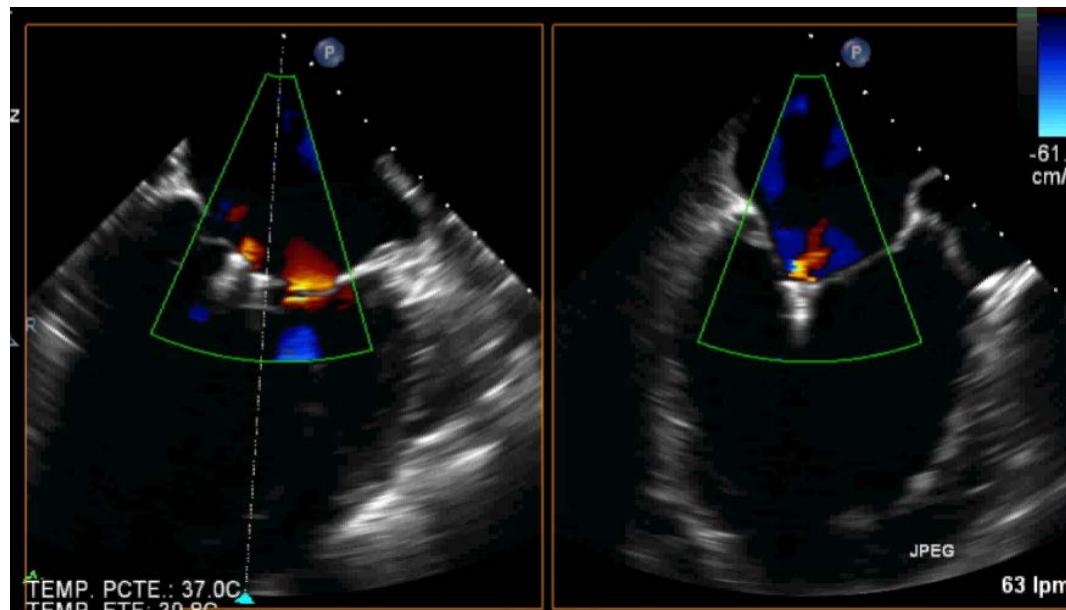
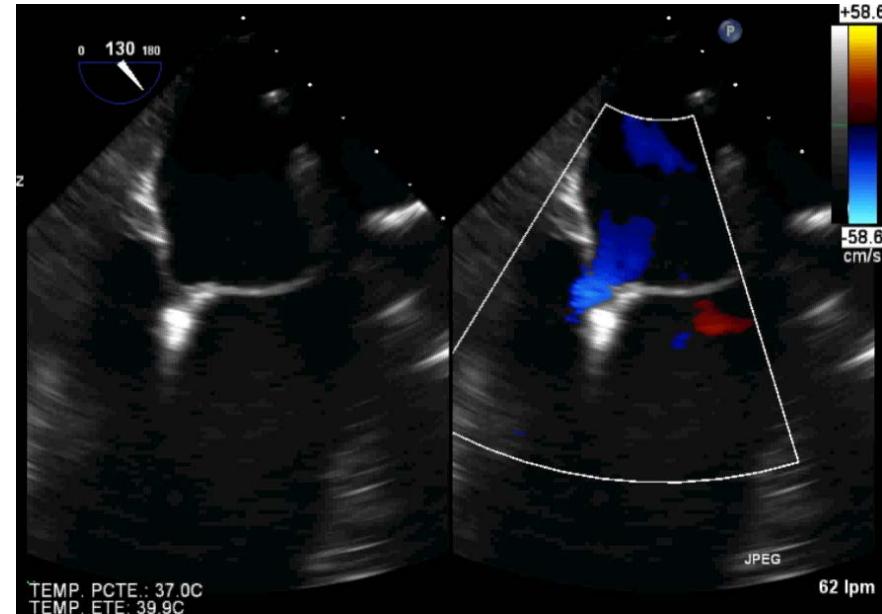
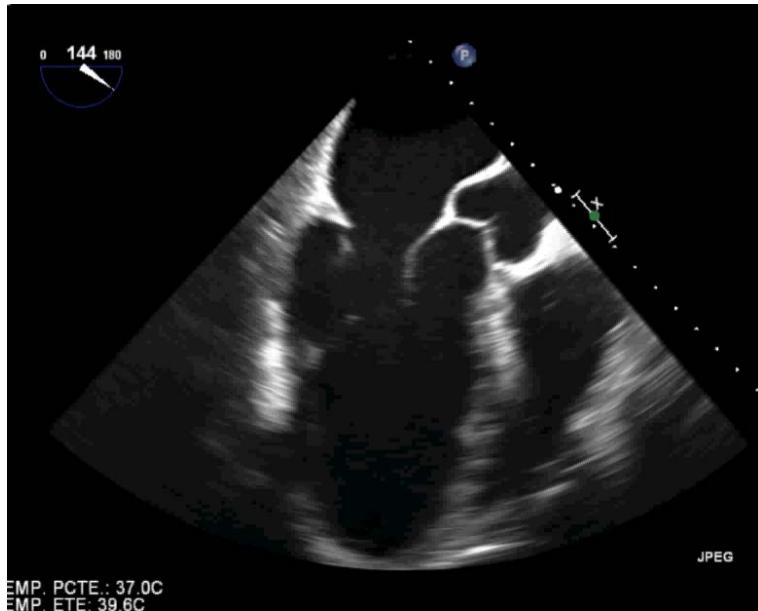
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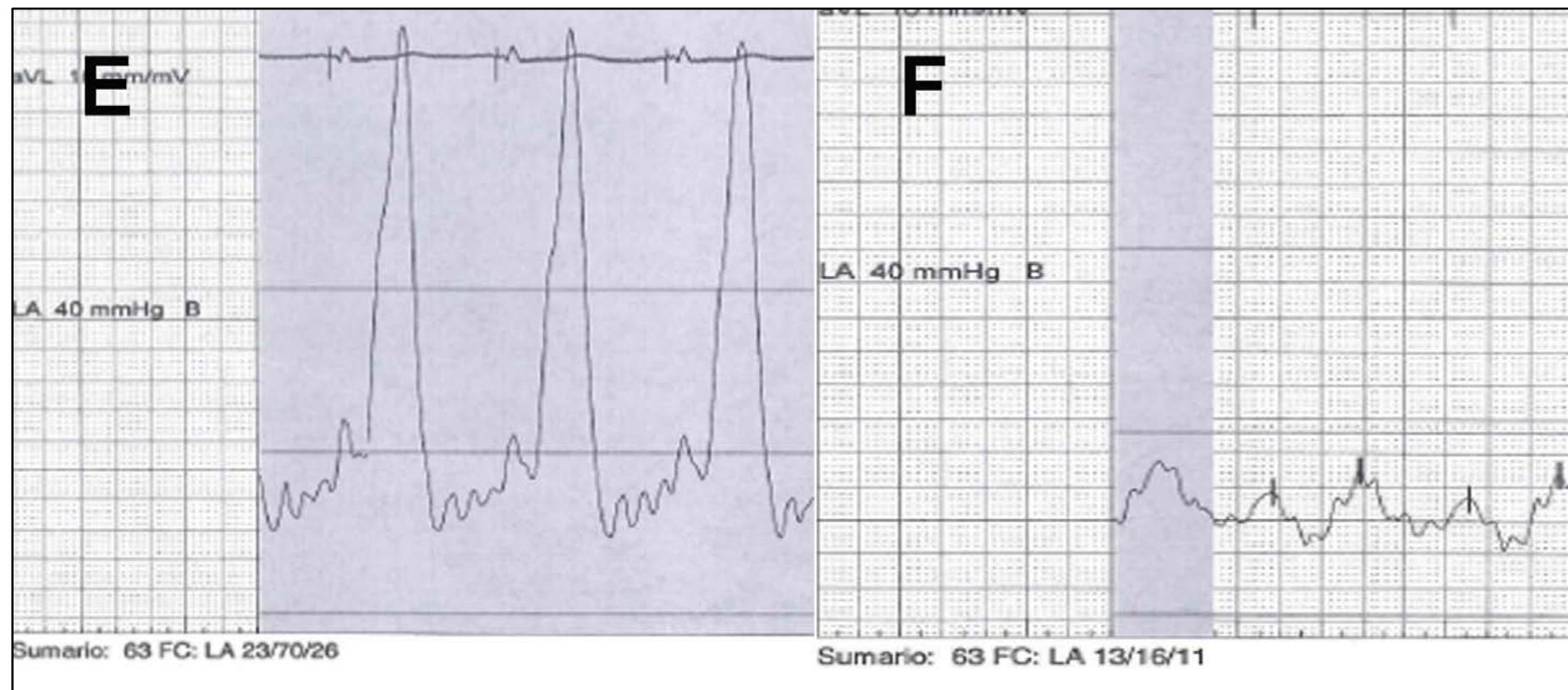


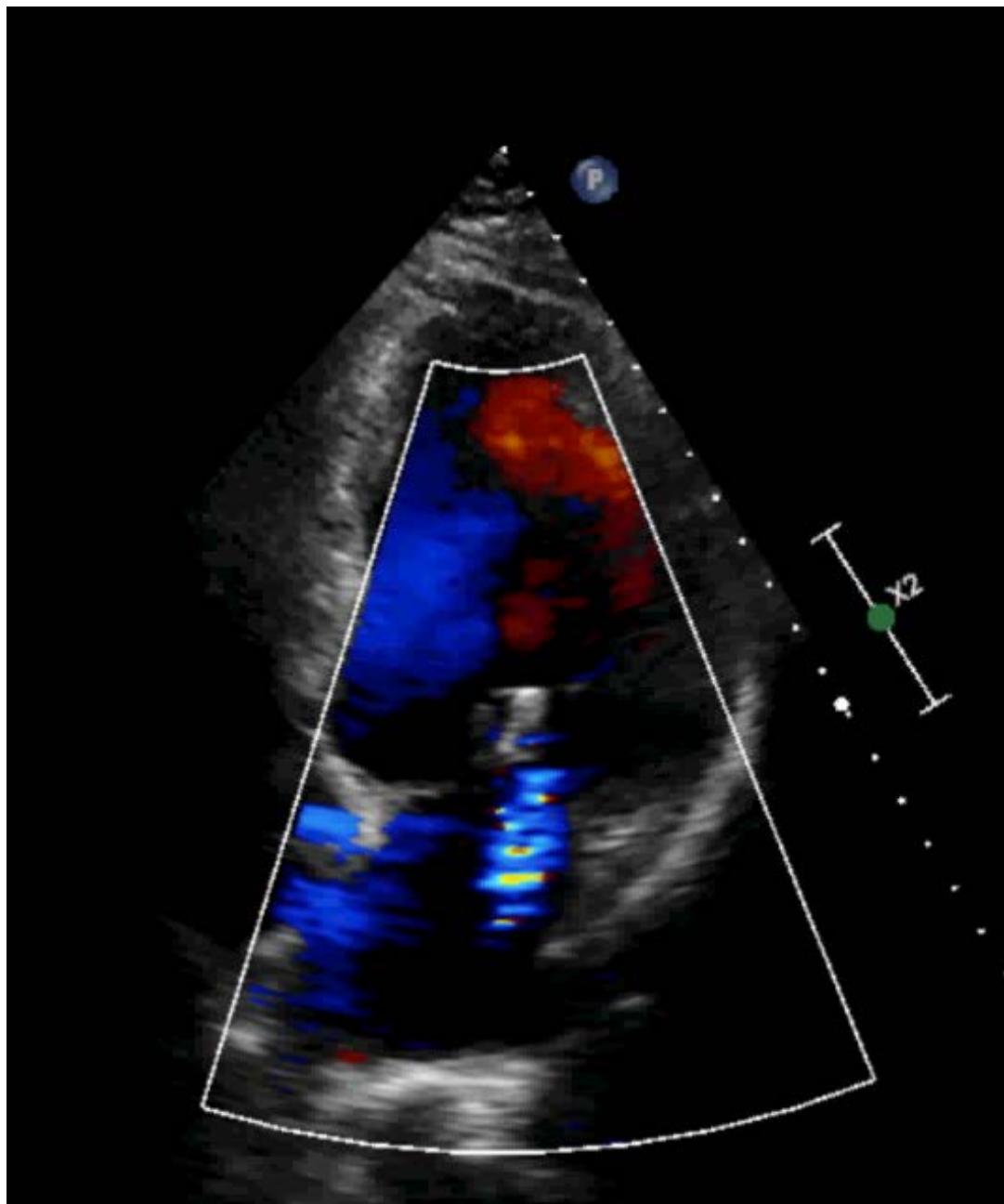
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Conclusions

- Mitraclip is a safe intervention even in unstable patients.
- In hemodynamic unstable patients with acute and severe MR, Mitraclip might be a valid alternative to cardiac surgery.
- Mitraclip should be considered as a therapeutic option in acute MR after AMI.
- We should treat patients **NOT TOO LATE!!!**

Moltes gràcies!!!